



District 15

Spokeswoman

Autumn 2026



DISTRICT CHAIRMAN'S REPORT



When I joined Inner Wheel in 2020 in the middle of lockdown on Zoom only knowing one person on my screen, I never imagined myself as President let alone District Chair but never say never.

Sadly, my year in office started by me being hospitalised after a fall at home which dislocated my hip replacement, normally the hip is manipulated back into place, home next day, but the dreaded blood results came back, a doctor came to say I had a huge infection in my hip which ended with me being in hospital two days shy of a month. I am still having problems with my hip so I apologise in advance if I cannot make to your meeting, however I have an army of ladies supporting me who will visit you along with my speech, fingers crossed I will be there in person and I very much look forward to meeting of you all.

As many of you will know by now my Charity for my year is Marie Curie Cymru, perhaps you will allow me to talk a little more about this when I visit your clubs.

I hope to see some of our members at an 'Orange the World' event on the 25th November (International Day for the Elimination of Violence against Women and Girls) Orange the World is held from the 25th November until the 10th December.

Lastly, as we all know Inner Wheel membership is decreasing and clubs have closed, it would be lovely if we could build the capacity of our clubs by raising awareness and the profile of Inner Wheel.

Yours in Friendship

Wendy Ashton



CLUB REPORTS FROM AROUND THE DISTRICT

ABERDARE

President: Dr. N.V. Lloyd - Nesling
Club Correspondent: Gwyneth Rees
23 members

The club continues to hold its monthly lunch at Aberdare College, where the standard of the food and service remains extremely high. It is a pleasure to see the progress made by the students as they gain confidence and skill. President Sian decided that her charity fund would be donated to providing a bursary of £1,000 to help some of those students - a very worthwhile cause.

We were very sad to learn of the death of our friend and member, Margaret, after a short illness. A former nurse, Margaret was a talented water colour artist and after her funeral, friends were asked to take samples of her work. Our sympathies are extended to Vic and her family.

The June / Handover meeting was held in Amore Italian restaurant, Aberdare, and we were delighted to welcome back Sian and Joan Richards who had both been unwell. On the day Sian handed the President's insignia to Norma. We wish her a successful year. Sian has also handed over the role of Treasurer to Elaine. Thank you, Sian, for many years of guarding our finances with such efficiency.

The September meeting was held in the Red Cow, Llwydcoed, which does not cater for delicate appetites, even if the food is delicious.



We learned that another long term official, Joan Williams, is resigning after many years. We wish her well and hope that her health improves soon.

We already have our calendar for this year and look forward to many interesting meetings.

ABERYSTWYTH



We're sad to report that the Inner Wheel Club of Aberystwyth have decided to disband after many years of service to their local community, District and Association.

Even though it was a sad occasion the sun was shining on the day Pauline Minshull, Member of Council, and Brenda Scourfield, Membership & Development Officer, visited. We wish them good health and best wishes for the future.

BRITON FERRY

It is with sadness that the Inner Wheel Club of Briton Ferry disbanded after 42 years of service and friendship. District 15 would like to thank them for their support and wish them all well in the future.



Following the disbandment, Pauline Minshull presented a cheque to Ystradgynlais Community Car Scheme and further donations were given to School in a Bag and Mary's Meals.

CARDIFF

President: Liz Bettles

Club Correspondent: Liz Bettles

15 members

It has been a long hot summer – the sort we all thought we wanted! Be careful what you wish for...

Cardiff members have been keeping busy through those summer months.

After a successful conference in Llandudno, we settled back into meetings nearer home. In April, Dogs for the Blind came to our meeting (yes, I do mean the dogs) with their humans who were very informative and interesting. Several members attended the District International Rally in Cwmbran, and the speaker for School in a Bag was excellent, as was the lunch.



District Chairman Sonia visited us in May and we enjoyed a ploughman's lunch and delicious home-made desserts.

In June we held our Club AGM, and we attended the installation of our own Wendy Ashton as our District Chairman. Unfortunately, her health has limited her attendance at District events since then, but we wish her well, and we hope she is able to enjoy as much of her year in office as possible. Her Vice Chairman Nancy has been filling her shoes admirably during her forced absence.

In July, Angela handed over the Club Presidency to Liz, with a light barbecue at the new President's home, curtesy of husband John! At our September meeting, we caught up with members' news from over the summer (new babies, landmark birthdays and anniversaries etc) and counted our buttons for the Knit and Stitch Show in London – we hope the event went well.

We look forward to a varied winter programme, and events such as our Interclub, District 15 Rally and District meetings to come...as well as Christmas. A Merry Christmas and Happy New Year from Cardiff to all in District 15.



CARMARTHEN

Presidents: Carol Evans & Alison Harries
Club Correspondent: Mai Thomas
19 members

Nancy Evans, First Vice Chairman & Brenda Scourfield, Membership & Development Officer continue their busy District Duties but come back to stimulate us all.

We are not the number of members that we once were, but are thankful that our members are still very active and greatly enjoy the friendship we share.

We will visit Ty Cwm (Sir Leonard Cheshire Home) with gifts. It is no longer the vast impressive mansion that it once was, but a modern home more suitable for residents.

Members will celebrate Orange the World at a meal and fundraiser in Pibwrlwyd Catering College.

We will yet again host our annual Autumn Fair on November 7th at St.Peters Civic Hall and enjoy entertainment by the Ukulele Band. Numerous charities will attend giving them an opportunity to raise funds.

The Salvation Army, District Chairman's Charity, Guide Dogs for the Blind, and Dr. M'z, each received £100. The Police Benevolent Foundation and the David Knoll Foundation each received £50. We also supported the Food Bank with donations.

All correspondence was shared with members at our meetings, regarding the District Rally, District Chairman's visit, Conference and Club visits. Oh for the days of wearing hats & gloves & trips to the very many Clubs in District 15. Memories fade but oh what lifelong friendships were made.

We will try first & foremost to find new members & remember our retired members. With kind thoughts & deeds.



Members of the Inner Wheel Club of Carmarthen visiting the Jewellery Gallery of Mari Thomas in Llandeilo in May

I'm reading a book about school truancy, by Marcus Absent

Inner Wheel member perishes by falling into a vat of coffee, police say it was instant

Inspecting mirrors is a job I could really see myself doing

I'm friends with 25 letters of the alphabet, I don't know why

Inner Wheel member wanted to be a nun, but she never got the chants

A bicycle can't stand alone; it is two tired

A will is a dead giveaway

A chicken crossing the road: poultry in motion

The guy who fell onto an upholstery machine is fully recovered

She had a photographic memory which was never developed

If you jump off a Paris bridge, you are in Seine

To write with a broken pencil is pointless

A thief fell and broke his leg in wet cement. He became a hardened criminal

Show me a piano falling down a mine shaft and I'll show you A-flat miner

CWMBRAN

President: Gill Thomas

Club Correspondent: Beth Jones

12 members

When it comes to writing this report, I always glance over former submissions to ensure I don't repeat myself – too much. This time, my backward glance revealed that the last words I wrote for the April publication were, "Looking forward to spring now and, if we're lucky, some sunny days." Well, my hopes were answered in spades this year, weren't they?



It was a classic example of "Be careful what you wish for," because a big event in our calendar, the Henllys Fete, was moved, because of the heat, from its usual slot in July to mid-September. Now, a couple of months' postponement did not affect our books, cards, jig-saws and artificial flowers, but spare a thought for Joan, who carefully nurtures a whole array of lovely plants, so they are just ready to be sold and potted on by the July deadline!

I am sure the plant stalls Joan sets up at district meetings and rallies have delighted many of you, so you know how green-fingered she is, but not even Joan could be expected to keep her plants going over the long hot summer. What followed was a lot of creative problem solving to get them sold – even down to using them as raffle prizes at Cwmbran Vale Rotary's weekly meetings. And the September Fete? Well, the weather was typically Welsh – cool and a bit drizzly; footfall and sales were reduced, leading to profits smaller than usual; but members that attended had a good time.



We have a new local interest. The daughter-in law of one of our members, Lynne (the creator of our trolls and gonks) works in an education, training and support centre for vulnerable young adults, called Asperis. We have managed to source a pool table and gazebo for the centre, and are looking forward to having afternoon tea there soon, when the students have gained the hygiene certificates they are presently working for. Look out for news about Asperis in future reports.

I'll end on a shout out for Alison and her daughter, Rachel, two long-standing and incredibly active members, who are visiting as many RNLI stations as they can, in memory of their husband and father, David, who was a committed supporter of the lifeboat service. At every station they visit, they buy a couple of flag pin badges. You can see Alison wearing her cap in the accompanying photo. Even though these ladies are keen and intrepid adventurers, they admit they are probably not going to be able to visit every RNLI station in the country. So, if you are in a far-flung coastal spot, why not visit the nearest RNLI gift shop and buy a badge?



It won't cost more than a cup of coffee, but it will boost the Lifeboat coffers. If you would then like to send the badge to Cwmbran Vale, Alison would be proud to sport it on her cap for you.

HAVERFORDWEST

President: Betty Smith

Club correspondent: Ann Turner

16 members

Here we are once again in almost Autumn, Don't the years seem to fly?

Our President, Betty, held a very successful Coffee Morning in her home in April which was very successful and raised £850 for Cancer Research Wales. This was Betty's chosen charity and the club has now raised £1,500 for the charity. We have also given £200 for Ronald McDonald House in Cardiff, £250 for local charity Belle's Story and £250 for Mary's Meals.

We received an invite from Inner Wheel Newport that their 95th Anniversary was on 19th June and although a small group they hoped that some of the other clubs would join them on that day. It was decided that it was not to be missed and 6 members had a very pleasant and tasty buffet lunch.

Sadly, the Milford Haven club has now folded. We have been happy to welcome Past District Chairman Lynda Stokes (nee Brown) as a transfer to our club.



In July we were given an excellent talk by Sian Devereaux, who is the daughter of club member Linda Davies. Sian had walked the very hard Inca Trail. Her experience was so interesting and looked very difficult. We were full of admiration of her.

Although we do not have a meeting in August, nevertheless several members enjoyed a sunny afternoon at the MIND walled garden in Stackpole. Several members also went to Carmarthen to view the vast collection of vintage clothing owned by Terry Smith.

The chance to try on some of them evidently proved to be irresistible!

Our speaker for September told us about Belle's Story; a little girl with a life threatening lung disease. She died when she was 10 years old. She was unable to receive a transplant. Her mum, Stella Curran and Belle's past carer, Julie Morgan, and others have been granting precious children's wishes to those with life threatening illness, so many different wishes to make wonderful memories with their families. They have also spoken of those who need a transplant and raised awareness of this by speaking of the need for this in local schools and have published an easy to read children's book which has been accepted at local school libraries. Belle's father has a garage and the book is called "My Engine Parts", the way Belle had related to her illness!



Christmas is not far away and then we are planning to not have a meeting in January or February due to inclement weather. We communicate via the club WhatsApp now so we are able to keep in touch with almost everyone. One or two will have chats on the phone.

We look forward to our October meeting and are planning to hold a charity lunch for St. Davids Day which will be held on 28th February. In April we have our club's 80th Inner Wheel anniversary and have begun preparations to celebrate.

From our Inner Wheel club to yours - Wishing you in advance that you all have a Very Happy Christmas and a peaceful New Year.

LLANDEILO

President: Karen Davies

Club Correspondent: Janet Williams

13 members

Sadly our numbers have declined as two members have resigned. One has moved some distance away and the other member isn't well. They will both be missed very much at the monthly meetings.

We still share special evenings with Llandeilo Rotarians when they have an interesting speaker and the Handover Dinner in June. We were also invited to join them for a Quiz Night which was in aid of one of their local charities which was great fun and a Bingo evening too. Some of our members helped them with their Strawberry Tea. It was held on one of the hottest days but despite the heat, people turned up to support them and their charity which was excellent.



In April we celebrated the 40th Anniversary of our Club receiving its Charter. Two of our members were Founder members! Mrs Marie Jones and Mrs Ellery Morgan. We enjoyed a special Afternoon Tea, just members.

Our newest member, Jane Barnard made each of us an individual mini Victoria sponge cake each one decorated with the Inner Wheel Logo. They were greatly admired and appreciated.

The monthly meetings are very much looked forward to and always enjoyed with much chatting and laughter. Therapeutic for us all.



MACHEN

President: Colette McIntosh

Club Correspondent: Christine Hughes

18 members

As Autumn knocks on our door, we say goodbye to the warm sunny days and look forwards to the beautiful palette of colours on our trees, that this season brings. It has been a busy and interesting 6 months. Apart from our monthly meeting, some of our members have met several times at Caerphilly garden centre, where they enjoyed a leisurely lunch followed by a little shopping spree. At our April meeting, we invited a representative from the Parish Trust, which incorporates the Bedwas food Bank, to lunch.

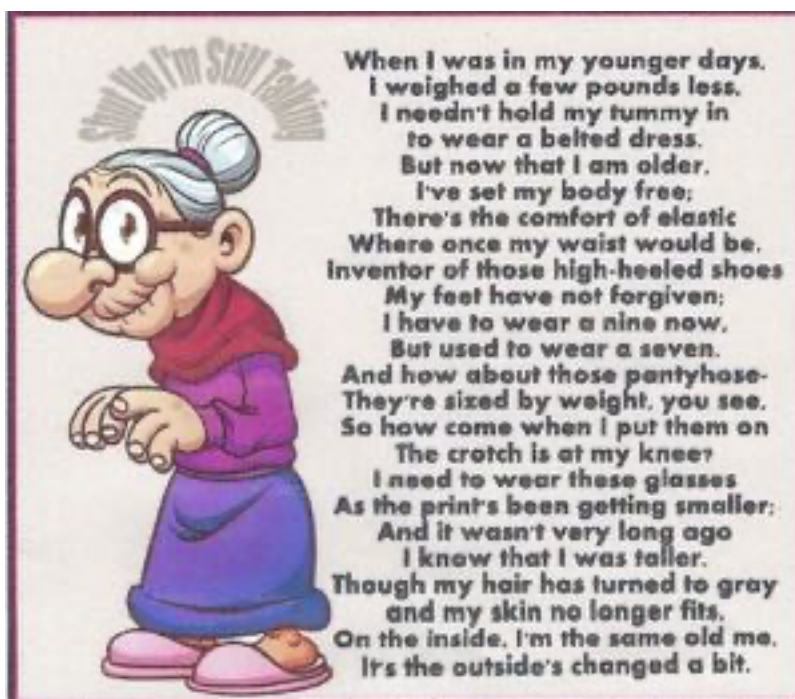
Our club members had kindly contributed 90 Easter eggs, which were handed over to be distributed amongst the children by the Trust.



Several of our members attended the International Rally, held at the Parkway Hotel in Cwmbran, for the charity School in a Bag. We enjoyed a stimulating talk by Luke Simon, outlining the story of the charity and its continuing work.

We welcomed District Chairman, Mrs Sonia Stevens, to our May meeting, who gave a very interesting talk, which was appreciated and enjoyed by all. In August we treated ourselves to afternoon tea at the Van, a grade 2, Tudor Mansion in Caerphilly, a beautiful venue and delightful food. We have also enjoyed Sunday lunch at a local golf club several times, so amenable to gather together, enjoying good conversation and lovely company. Several members also enjoyed Sunday lunch at Rolling Jacks in Pontllanfraith.

At our September meeting we were joined by the treasurer of the Graig-y-Racca Allotment Society, where they operate a Plant to Plate policy. A community fridge is available to residents and a weekly food bag is given to 20 families. Raised beds are also being constructed to encourage families to grow vegetables. A cheque was donated to them by our President Colette at the end of the meeting.



MAESTEG

Club President: Daphne Harries

Club Correspondent: Menna Davies

6 members

In April we held a successful Coffee Morning at Llangynwyd Village Hall, proceeds went to Ronald McDonald House, the chosen charity of Pam Boyes, Past Association President.

In June, during one of the many heatwaves of the Summer, we celebrated our 80th Anniversary with a Lunch at The Old House 1147, Llangynwyd, Maesteg.



Maesteg was chartered on the 6th February 1946, with an event at the Imperial Cafe, also known as Tuckers, attended by the District Chairman at that time. The founder President was Mrs Enoch Rees, Vice President was Mrs Henry Sinclair, who later went on to be a District Chairman, Secretary Mrs Frank Harrison and 12 founder members.

In recent years, Mary Davies, Menna Davies and Daphne Harries have all been District Chairmen. Member of Council Pauline Minshull congratulated the Club on eight decades of their members giving their time, energy and talents to support their Community and uphold the ideals of Inner Wheel. Past District Chairman, Sonia Stevens presented Menna with a certificate to mark 80 years.

The Club's longest serving members, Olwen Jones and Ann Holder, had the honour of cutting the celebratory cake. A lovely afternoon was had by all.

MILFORD HAVEN

Sadly, the Inner Wheel Club of Milford Haven has made the decision to disband.

Membership and Development Officer, Brenda Scourfield, attended their final meeting and presented yellow roses to their members.



NEWPORT

President: Barbara K Davies

Club Correspondent: Edwina Higgins

6 members

Phew! What a scorcher. Unusually, we in the Inner Wheel Club of Newport are now relishing the sight and feeling of rain gently, or preferably, heavily falling on the world around us.

Our Inner Wheel life continued quietly throughout the heat of Summer 2026. Our visits to retired members continued, as did our regular meet ups for coffee, a chat and the occasional lunch each month in a local hotel.

One member spent a very interesting afternoon with the Inner Wheel Club of Cardiff, visiting the Glamorgan Archives and then three of us joined in with the lovely informal Afternoon Tea hosted by Inner Wheel Cwmbran. Thank you for those invitations.

We were also represented at the District International Rally and District Handover. Our business meetings were dominated by news from District and Association and deciding on the dates and venues for our social events.

Once we started thinking about dates, some very simple arithmetic reminded us that we had a landmark birthday coming up in 2026. Our 95th Anniversary Lunch at Tredegar Park Golf Club was the first major interclub event we had organised since 2020, when we coincidentally managed to sneak our Musical Afternoon onto the calendar just before Covid hit. We feel the day went very well and we really enjoyed hosting all our friends from around District once more. Club's only regret at the 95th Celebrations was that our small numbers made it so difficult for us to circulate around the room as much as we would normally have liked, but we do assure you that you were all most welcome and it was a joy to see so many happy faces celebrating with us.



As a result of the raffle at Tredegar Park, we have donated £250.00 to the Sparkle Appeal, whose key message is that they are 'helping special children shine' in the greater Gwent area. They have centres in Nevill Hall, Caerphilly and the Serennu Centre in High Cross, Newport, helping families access all kinds of special support, as needed. Thank you, everyone, for supporting the raffle.

Each Summer Newport tries to arrange a Club Outing. This year we have visited Tintern, in the Wye Valley. Coffee in Chepstow was followed by lunch at The Anchor Inn at Tintern. The weather was fine and pleasant and we enjoyed a very good meal with a fine view of the atmospheric Tintern Abbey.



Now we look ahead to see what another Inner Wheel year will bring. We hope for just as much good fellowship and laughter together as we have enjoyed during all the years so far.

A mother was concerned about her 8 years old son walking to school.

He didn't want his mother to walk with him. She wanted to give him the feeling that he had some independence but yet know that he was safe:

So she had an idea of how to handle it. She asked a neighbour if she would please follow him to school in the mornings, staying at a distance, so he probably wouldn't notice her. She said that since she was up early with her toddler anyway, it would be a good way for them to get some exercise as well, so she agreed.

The next school day, the neighbour and her little girl set out following behind Timmy as he walked to school with another neighbour girl he knew. She did this for the whole week.

As the two kids walked and chatted, kicking stones and twigs, Timmy's little friend noticed the same lady was following them as she seemed to do every day all week. Finally she said to Timmy, 'Have you noticed that lady following us to school all week? Do you know her?'

Timmy nonchalantly replied, "Yeah, I know who she is."

The little girl said. "Well, who is she?"

"That's just Shirley Goodnest." Timmy replied. "And her daughter Mercy."

"Shirley Goodnest? Who is she and why is she following us?"

"Well,' Timmy explained. "Every night my Mum makes me say the 23rd Psalm with my prayers, 'cuz she worries about me so much. And in the Psalm, it says, ' Shirley Goodnest and Mercy shall follow me all the days of my life', so I guess I'll just have to get used to it."

PONTLLANFRAITH

President: Mary Waters

Club Correspondent: Donna Jones

28 members

We certainly needed our umbrellas in January but we refused to let the weather dampen our spirits. We all enjoyed the camaraderie at our first meeting of the New Year where President Cathrine Clark, our quizmaster extraordinaire, entertained us with an exciting general knowledge quiz.



In February, it was with great sadness that we learnt of the passing of Diane Lloyd. Diane was our Membership and Development Officer right up to her death and had been a big part of our Club for many years. Diane held the position of President in 2012-13, 2019-20 and 2020-21 respectively. For the past four years Diane had organised an annual shopping evening at our local Bon Marche shop to raise money for Cancer charities. In remembrance of Diane, the Club agreed that in future this event will be known as the 'Diane Lloyd Shopping Evening'. Diane's family asked for donations to St David's Hospice and we raised £200 at our February coffee morning together with other donations. Diane was a friend to us all and is greatly missed.

The speaker at our February meeting was Mr James Amos who gave an interesting talk on his career path leading up to becoming a Civil Celebrant. Mr Amos conducts funeral and memorial services, as well as wedding ceremonies and described the many skills he has honed over the years. As Mr Amos brought the talk to a close he cited a quote from Charlie Mackesy's book 'The Boy, The Mole, The Fox and The Horse' which was 'Always remember you matter, you're important, you're loved and you bring to this world things that no one else can'.

Following that comforting quote, and to the delight of us all President Cathrine warmly welcomed four new members to our Club and presented them with their brooches. Photographed above from left to right - Anne Price, Eileen Morgan, Janet Hoare and Hillary Hamilton together with President Cathrine. Welcome aboard all, we are so thrilled you've joined us!

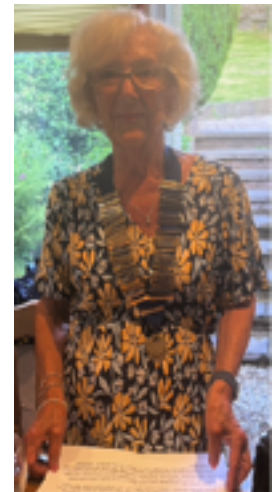
Our March meeting included a cheese and wine tasting experience in the conservatory of the local pub where we hold our meetings. Marc the publican, provided the different wines and described their style and characteristics, whilst President Cathrine provided an assortment of cheeses and explored the harmony of flavours between the two. We all shared a truly special evening together filled with fun and lively conversation.



In the Spring, Club members donated Easter eggs, chocolate and colourful knitwear for the orphanage we support in Ukraine with the continued help of a local 'Knit and Natter' group. The orphanage now has approximately 80 children aged 6-14 years old who have lost their parents. Mary Waters, International Service Officer organised the donations which were transported to Ukraine in March and arrived in time for Easter, what a delight to see the children's happy faces.

Our coffee mornings have continued to be hugely successful, in March we raised over £200 for Air Ambulance Wales, in April we raised £119 for the Epilepsy charity supported by President Cathrine Clark and in May we held a coffee morning and Silent Auction, which raised a substantial £517 for Mary's Meals - we all deserve a pat on the back!

At our April meeting, Sonia Stevens, Treasurer of our Club, gave an insightful address to members which included some personal details and an overview of her year to date as District Chairman which truly inspired our members. President Cathrine presented District Chairman Sonia with a cheque for £200 for her charity Mary's Meals, together with a beautiful arrangement of flowers provided by Club member Gwyneth Morris. Sonia then had the pleasure of inducting Carole Morgan, our fifth new



member so far this year, it is great to see our Club growing.

The photo above includes all members present at our April meeting and you can see how we all enjoy getting together, seeing friends and raising money for charity, but what you can't see in this photo is the amazing wave of female solidarity that swept the room!

In April we also hosted the District International Rally at The Parkway Hotel in Cwmbran. A big 'thank you' to Marian Curtis our Secretary, for organising the event and to the guest speaker, Mr Luke Simon from the charity 'School in a Bag' who gave an excellent presentation.

Mary Waters, International Service Officer presented a cheque to Mr Luke Simons for £200. A total of £1,053.90 was raised on the day which was made up of cheques, raffles, lucky dip together with the sale of plants, cards and other items. It's safe to say the day was a resounding success.

We had speakers at both our May and June meetings but one speaker certainly sparked a memory for one of our Club members. The speaker Mr Stephen Davies, described how he started a community based radio station in 2021 at our local hospital in Ystrad Mynach for patients. The radio station included a 'shout-out for songs' together with storytelling podcasts recorded by members of the community including people at local care homes. During the talk, Club member Anne Price could remember her mother recording a story for the podcast before she sadly passed away. Anne looked up the podcasts and just as she remembered her mother had recorded her memories from the War. For the first time in many years Anne could hear her mother's voice once more with every unique inflection, vowel sound and chuckle that came rushing back sharper than any flat photograph which stirred wonderful memories.

As our Inner Wheel year came to an end in July, President Cathrine Clark handed over the chain of office to our new President Mary Waters for 2026-27. We all gave a huge 'thank you' to Cathrine for an outstanding year in office and a warm welcome to President Mary who was indeed one of our founding members of the Club 40 years ago and has a wealth of experience.

President Mary then made several presentations - Cathrine Clark was presented with her Past President brooch, Gwyneth Morris with the Vice President bar for 2026-27 and Alison Bebb with the International Service Officer bar for 2026-27. A new member - our sixth new member this year - Lisa Curtis-Jones was also presented with her Club brooch - a phrase 'the sky's the limit' comes to mind!

[The Adventures of Getting Old \(by Lynne Rees-Tippett J.P. \(Copyright\)\)](#)

It seems like only yesterday that I was twenty one,
No aching joints to stop me having all that fun.
Energy abounding, so necessary to the young,
Planning a happy future with many years to come.

They say the body falters with encroaching middle age,
It must have been around the time I started wearing beige.
From that point on, I must admit, things do go down that hill;
The kids have gone, you have it made, and then come all those pills.

They become the main ingredient in conversation with your friends;
Blood pressure, cholesterol and backache, joints that refuse to bend.
Don't ever underestimate the power of getting on,
You find so many like you, you enjoy the aging bond.

The real comedy of aging is when the mem'ry goes,
Guess where you've parked the car at Tesco's; it keeps you on your toes.
Lists become important, then finding them again,
And reciting the alphabet silently, great for remembering names.

The one thing I've found that helps me, is the fact that we're all the same;
Learning to laugh at our ourselves, 'cause there's no-one else to blame.
In fact it's quite refreshing, aging as we do;
With a knowing smile to youngsters, heading that way too.

Perhaps it's one of the reasons that Inner Wheel succeeds,
The wisdom of common experience; helping those in need.
Enjoying the company of ladies who have passed the aging test.
Standing together proudly; amongst the very best.

PORTHCAWL

President: Mary Emmment-Lewis
Club Correspondent: Sue Jefferies
16 members

Welcome to Autumn everyone.

Another busy year has gone by, our speakers have been varied and interesting. Our birthday party in February had a quiz between our Club and Porthcawl Rotary, and shamefully Rotary won by 8 points!

President MEL'S charity this year is the local RNLI. We have been promised a presentation and talk by them, and look forward to a tour around the station at some stage with coffee and cake in 'The Look Out'.

Our club arranged a Coffee Morning at President MEL's home to raise money for our Association President Pat's Charity. Sadly MEL had to have an emergency pacemaker operation and it was left to the club to take over. We had a raffle and book stall raising just over £300 and were supported by Rotary ladies, the Lions and our community. Our past Mayor, Elen, liaised with MEL in hospital and between them came up with an interesting talk on the charity Papyrus. A cheque from our club will be sent to the District Treasurer. President MEL attended the Porthcawl Male Choir with Deputy Mayor Debbie in a musical extravaganza on her first outing after her operation.



Our Coffee Morning



President MEL at the concert in All Saints Church

An afternoon tea at the Past Mayor's cafe will be held in December with a short walk in aid of Orange The World and of course a raffle. We look forward to our usual Christmas Lunch where we invite our Porthcawl Rotarians to join us.

Merry Christmas to all and a Peace full New Year.



TENBY

President – Team Tenby
Club Correspondent - Karen Tulley
19 members

As I'm sure you can all imagine, Tenby has been pretty busy this summer, the prolonged hot weather ensured the beaches were the busiest I've seen them for a while and the hotels, guest houses and caravan parks were full to the brim.

Our club had two successful fundraising events during April and May – firstly we held a Curry and Quiz night at the Overlander in Penally for Paul Sartori Hospice at Home. Our Programme Secretary, Elaine was quizmaster along with her hubby and they produced a fun, not too difficult, but not too easy either, set of questions. We were delighted to be able to present Paul Sartori with a cheque for £600.



Quizmasters Elaine & her hubby



In May we had a Coffee Morning at St Marys Church House in the centre of town, which turned out to be a good choice of venue on a bank holiday weekend so we had plenty of customers. A raffle, a book stall and a cake stall added to the takings and the club members worked their socks off that day! The proceeds were donated to The Wednesday Club which is a dementia support group who meet up every Wednesday, providing a wide variety of activities to enable people living with dementia in South Pembrokeshire to socialise together, offering support for both the dementia sufferer and their families. Total raised was £800.

At our June meeting and AGM we presented the cheques to Paul Sartori and The Wednesday Club.



Also in June we met up for our handover lunch at Trefloyne Manor which is always a popular choice for a nice lunch with our members.

We don't meet during July and August, so our next meeting was in September when the main topic of conversation was our upcoming 80th Anniversary on 18th October. As this is a Sunday we all agreed a Sunday Lunch at The Giltar Hotel in Tenby would be a good idea, invites sent out, replies coming back thick and fast, it's keeping our Secretary (me) busy right now!!

Also in September we had our first fundraiser of the new Inner Wheel year, a Macmillan Coffee Morning, once again at the Overlander in Penally. We did this last year for the first time and as it was successful we had to do it again. Lots of lovely cakes, gallons of tea and coffee and lots of friendly chatter plus £482 raised.



Our future events are our annual Fish and Chip event in February, the Quiz and Curry night in April and an Afternoon Tea in May. We will let everyone know dates and full details nearer the time.

We are looking forward to seeing some of you at our 80th Lunch in a few weeks time. Wishing you all a happy Inner Wheel year of friendship and fun.

TYWI CARMARTHEN

President: Gayle Mounsey
Club Correspondent: Pauline Edwards
11 members

'Grow & Flourish'. During this part of our Inner Wheel year we have tried to tie our exploits into this very timely theme. Good progress has been made with welcoming and converting into potential new members - two ladies into our small but we can now report "growing" Club.



We are a Club with a strong shared interest in all things green and growing, two National Garden Scheme visits and a social trip to the May Malvern Flower Festival have been fitted into this part of our annual programme. In addition our now annual support for President Gayle's NGS Open Garden was also happily enjoyed either as a valued refreshment team member or as a visitor. Our joint efforts contributed to this year's NGS charities.

'Orange the World' has not been forgotten with member Gina seeking close ties with the soon to be appointed Community Liaison Officer in the area of domestic abuse.

Handover from Anne OToole to Gayle Mounsey was enjoyed in our usual venue, The Falcon Hotel, Carmarthen and almost immediately we began planning our fundraising “Once Upon a Fun Day”, lead by Gina and Gayle and held on 20th September in President Gayle’s garden. Over 60 adults and 25 children enjoyed an inspired garden treasure hunt, children’s games, face painting and a pre-ordered bbq choice with home made puddings and cake as only Tywi Carmarthen members make!

While this event took place I was overseas but I did follow all the planning and work that was needed to ensure a successful outcome, an amazing day when we showed what a “flourishing” club can achieve



Funnies from a recent expedition cruise.

Passenger overheard asking “When will we get to see the equator, Captain?”

Another was overheard asking her husband while looking at a map “Where is the equator?” A reasonable question for a disoriented passenger to wit her husband responded “I think it is further east!”

An American (other nationalities are available) was heard asking an expedition leader while going ashore on an inflatable. “I have a question what height above sea level are we now?”

DISTRICT EVENTS

Meeting	Date	Place
District Rally	30/10/26	Aberavon Beach Hotel
1st District Meeting	19/11/26	Aberavon Beach Hotel
2nd District Meeting	11/02/27	Aberavon Beach Hotel
International Rally	25/03/27	Masonic Hall, Coychurch Road, Brackla, Bridgend, CF31 2AP



International Rally 2026





District Handover 2026





The District Team

from left to right: Membership & Development Officer, Brenda Scourfield; 1st Vice Chairman, Nancy Evans; Immediate Past Chairman, Sonia Stevens; District Chairman Wendy Ashton, District Secretary, Maria Williams; 2nd Vice Chairman & District Treasurer, Karen Tulley; Member of Council, Pauline Minshull; International Service Chairman, Mary Emmet-Lewis; and District Editor, Felicity Jenkins.



INNER WHEEL
UNITE IN ACTION
HER SAFETY
OUR PRIORITY

Orange The World

‘Orange the World’ is a global United Nations campaign to end violence against women and girls.

The campaign runs from 25th November until 10th December.

In 2026 Inner Wheel are again supporting this wholeheartedly. District 15 members, dressed in orange, will be taking part in various events to raise awareness of the violence many women and girls are subjected to.

