

Magazine - Autumn 2024 No.114

NEWS TWO YOU

District 2



HEARTBEAT OF HUMANITY

Inner Wheel 2024-25

Alloway, Ayr, Campbeltown, Corstorphine, Dumbarton, Dunoon,
Galashiels, Kilmarnock, Kirkcudbright, Kirkintilloch, Lanark, Larkhall,
Loudoun, Monklands, Motherwell & Wishaw, Musselburgh, Newton
Stewart, Oban, Renfrew & Govan, Stranraer, Tranent

Objectives of Inner Wheel
To promote true friendship
To encourage the ideas of personal service
To foster international understanding

www.innerwheel.co.uk

New District Chairman Susan Ramsden



As Inner Wheel moves beyond our Centenary and into the next 100 years, I am delighted to have this opportunity to be your District Chairman.

2024/25 is an exciting and important year for us as we welcome back the 12 Clubs from District 23. This is a great step forward for District 2 as we strengthen our friendships across Central, South and West Scotland.

I have chosen Sense Scotland as my charity this year, a charity that is very close to my family. Sense Scotland supports people of all ages who have complex communication and learning needs while also providing support and advice to their families. I hope to have a speaker from Sense Scotland at our November District meeting.

I am looking forward to meeting you at my Club visits and at District events, I hope that many of you will be able to attend our District Assembly in September.

I wish you a happy, friendly and fun new session of Inner Wheel. Best wishes for 2024/25.

Susan



A HEARTY WELCOME

Welcome to our new Club Presidents (*or points of contact*) from the Clubs joining us from District 23. Photographs and introductions will be in the next Magazine.

Joan Brock (Alloway)
Gail Edwards (Campbeltown)
Jennifer Bryson (Dunoon)
Janet Dickinson (Kirkintilloch)
Diane Teehan (Newton Stewart)
June Newlands (Renfrew & Govan)

Liz Tair (Ayr)
Rosemary Watson (Dumbarton)
Caroline Berwick (Kilmarnock)
Tracey Monaghan (Loudoun)
Shona Neil (Oban)
Margaret Davidson (Stranraer)

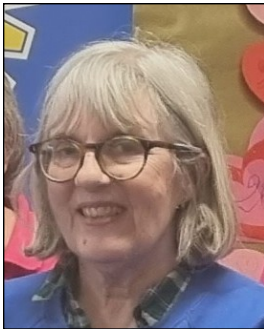


Your District Team



L-R	<p>Susan Ramsden Elsbeth Yuill Marjorie McGeary Ros Stewart, Helen McLennan Nancy Ralston Julia Roberts Susan Morris</p>	<p>District Chairwoman District Secretary District Treasurer International Services Membership & Development District Editor/Webmaster/1st VC (not in photo) 2nd Vice Chairman Member of Council</p>
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Introducing your new District 2nd Vice Chairman Julia Roberts



I joined Inner Wheel in 2019 a year or so after I moved to Galashiels. I am a member of the Ramblers and enjoy lots of time in the great outdoors.

I also love gardening (even in the rain), baking, knitting and spending time with my grandchildren. I am not good at doing nothing!!



I have been a member of Corstorphine Inner Wheel since February 2019 having moved to Edinburgh the previous Easter. Prior to Edinburgh we lived in Bingley in West Yorkshire for 25 years but retirement gave us the freedom to move wherever we wanted. We had always enjoyed our visits to Edinburgh and thought we would give it a go and have never looked back.

I wasn't involved in Inner Wheel whilst in Yorkshire as I worked full time in the insurance industry, however my husband was heavily involved in the Bingley Airedale Rotary Club so I knew of Inner Wheel. I found that Inner Wheel has been a great way to meet people when new to an area and everyone has been very welcoming. For the last year I have been the Corstorphine Club Secretary which has given me a greater insight into how Inner Wheel works.

I am continuing with Alzheimer's Scotland as my chosen Charity this year as it seems appropriate as many of our members, past and present, have been touched in some way by this awful disease. In September this year Shelagh Guthrie, Lesley Bayne and I will be taking part in the Edinburgh Kilt Walk to raise money on behalf of Alzheimer's Scotland. The Corstorphine Inner Wheel is also looking to continue to support our local Food Bank.

In April we presented a cheque to Emma Russell of Alzheimers Scotland as this was President Shelagh's chosen Charity for her year.





Corstorphine *(continued)*



At our May Meeting we had a most interesting talk from Alan Herriot. Alan is the Sculptor who was responsible for forming the Hilt as part of the team who produced a new “Elizabeth” sword which was commissioned due to the previous one being too old to handle. This sword is part of **“The Honours of Scotland”** which were presented to King Charles at the service in St Giles Cathedral on the 5th July 2023.

Members of our Club attended the District Rally in May in the Radstone Hotel in Larkhall along with many other Clubs from the District. We had a lovely day and it was great to see so many of our Inner Wheel friends.



As a Club we had decided that during June we would collect tins for **“100 for 100”** which were then taken to the Edinburgh Food Project, Lairdship Yards, Broomhouse Road, Edinburgh. We managed to collect 100 for 100 x 2 Plus.

We have July off and return at the end of August to start our new session.



I joined Galashiels Inner Wheel Club in 2019 after I had retired and spent 3 years as Club Correspondent and Membership Development Officer. Born in the Borders countryside I moved into Galashiels in 1973 after marrying my husband John and we have 2 sons.

For 50 years I worked in the health services for both the NHS and the private and charity sectors. Since I retired I have been busy dog walking, knitting, cross-stitching and tending my large garden- a full time job in itself in the summertime! We also enjoy as many holidays in the year as we can manage to squeeze in.

I am looking forward to my year as President with the support of all our members and especially the support of Secretary Rosemary who I hope will keep me on the right track!

Rosemary on a Blood Bike



We have enjoyed some really interesting talks in recent months, one of the best being a visit from Blood Bikes who provide an invaluable service to the NHS, saving not only time but a great deal of money so that funding can be prioritised where needed as they deliver all manner of things urgently needing relocated, not just blood supplies as we mistakenly thought. They even brought along one of their bikes for the braver of our members to have a seat on.

In Spring we enjoyed several visits to Leader Valley School to help get their gardens and planters updated and planted up ready for the staff and pupils to continue maintaining. We donated funds to buy tools that their pupils were able to use with their physical disabilities and provided a garden hose that would allow them to water all their new plants.





One of our highlights in June was to support our Secretary Rosemary McCosh on a 100 kilometer Sponsored Walk from Gullane to Berwick-upon-Tweed to raise much needed funds for St Abbs Lifeboat. Rosemary had the pleasure of being kitted out in a crew member outfit, though she did say the Lifeboat may have been out and back before she was fully dressed and ready to join them.

Since the start of 2024 we have completed our **100 for 100** challenge to make, fill and distribute toilet bags for emergency use by those who needed them for hospital, Women's Aid and Start Up Rehousing Project users.



Some of our members attended the Convention in Manchester in March and we are already beginning to look at plans for Harrogate in 2025.



Finally in July we had a most enjoyable 'Summer' outing (despite the weather), on the barge near Ratho with a meal afterwards to celebrate another successful year of Inner Wheel.



It is my pleasure to continue another year as President of Kirkcudbright Inner Wheel. I was born in Kirkcudbright and lived in the town until 1968 when I left to study in Glasgow. In 1976 I got married and we travelled to South Africa intending to live there for 2 years. For me 2 years became 42 years!

This year, it seems that Summer has been a long time coming, but Kirkcudbright Inner Wheel has been its usual busy self. In February some Club members were able to attend a lovely lunch hosted by Newton Stewart Inner Wheel Club. A wonderful opportunity to extend friendship across the District. We hope that we will be able to return the invitation with a visit To Kirkcudbright very soon.

The knitting needles had been clacking once more and in March our challenge for 100 knitted hats was met. All the hats, plus the extra ones, were sent to the Fisherman's Mission, a charity that we frequently support.



We were delighted to meet an Inner Wheel member Edith Tumuheirwe from Kampala, Uganda. Edith was visiting Kirkcudbright with her husband, Emmanuel a member of Rotary.

Sue Morris had met her at the Manchester International Convention. Sue kindly hosted a coffee morning so that we could get to know Edith and her involvement with Inner Wheel.



Coffee morning in Sue's house



One of our local charities is the Kirkcudbright Youth Project based at The Johnston. In June we were invited to spend an afternoon experiencing some of the activities arranged by the leaders, Eileen and Hayley. The project offers valuable experiences for young people in the local area five evenings a week. Those who attended released their inner teenager, making jewellery, marbling,

and playing games. A fun afternoon experiencing how the donations are utilised and highlighted the dedication of the leaders.

July in Kirkcudbright heralds the annual Country Fair. Prior to the event a happy afternoon was spent sticking raffle tickets on the 1000+ bottles. Then the anxious checking of the weather apps began. The outlook didn't look all that promising, but in the end despite some showers, the day was a success and a good contribution to our charities of the RNLI and the Kirkcudbright Youth Project was raised.

Kirkcudbright
Country
Fair
 @ The Carse



There's lots going on in Kirkcudbright over the summer and Autumn so maybe worth a visit.



I was born in Monklands and after graduating as a teacher, married in 1969. We have two sons who have given us four wonderful grandchildren. After my husband died suddenly in 2007 I was invited by two friends to come along to the Inner Wheel Club of Monklands and a few years later became President. After moving to Lanark I transferred my membership and now have the privilege of being President for the second time.

Over the years I have served on various committees and I have tried to help where I can. I have served on Lanark Lanimer Committee, been President / Chairman of Lanark Floral Art Club and have been an active member of Retired Teachers acting as rolling Chairperson. I am also an active member of my Church and have served as Presbytery Elder in Lanark Presbytery.

We have a very varied session with good attendance at meetings. We have also continued with our coffee meetings. In March we welcomed two young ladies from Blood Bikes who told us all about their deliveries of blood and medical products all over Scotland mainly by motorcycle. This is a voluntary service and they took a bucket collection at our meeting.

Also in March we had our Charity Afternoon Tea where we raised a considerable amount for the Doddie Foundation and were delighted members from other Clubs could attend.



MY NAME'S DODDIE
foundation



April saw our speaker Liz Allan who spoke on Franklin's legs. What an inspiring lady one of our best speakers ever!.



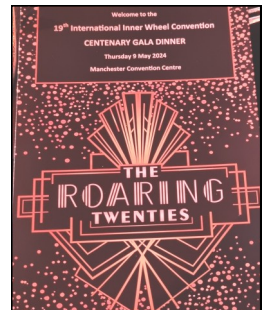
A good number of our members attended Motherwell and Wishaw Afternoon Tea in April.



We had a lovely time meeting up with other Clubs and seeing old friends

In May our speaker was from a local tea house in the Clyde Valley where they even grow their own tea. Joanne had brought along a selection of teas for us to purchase and also some Jasmine tea to taste (very unusual but delicious).

Also in May two of our members attended the Convention in Manchester a great time was had by all .



Past President Barbara Waters met with Susan Chisholm & Louise Morgan from IW of Wyong in Australia.

A good number of us attended the District Rally in the Radstone. Lovely setting and meal.

Club Correspondent Anne Gray



President Laura lives in Stonehouse with husband Jim who is a Past President of both Larkhall and Carluke Rotary Clubs.

She enjoys walking with Jim and the family dog in the Clyde and Avon valleys, socialising with friends and being involved with her local Church in Larkhall

Since the AGM in March, when all committee members agreed to serve for a further year, there have been 3 monthly meetings at Radstone Hotel, where the recent District Rally was also held.

In March, John Knight entertained us with stories of his tailoring career. He has dressed many celebrities and those well known for other reasons!

In April our speaker was Charlie Provan who told us about The Daisy Project. (Domestic Abuse Integrated Support for You.) This organisation offer long term support for those who have suffered gendered based violence. They can be reached at 0141 634 4053.



Our session closed in June with a lovely meal, a quiz and time to chat to one another.

BONUS QUIZ QUESTION :

Which Tennis Grand Slam is played on a clay surface? (Answer on page 22)



Club Correspondent Carole Walker



Its lovely to see our Members at Large are still keeping in contact with each other and still very much interested in what is happening with the District.

I met up with the above lovely ladies in the Klondyke Garden Centre in Polmont during the Summer where we had lunch and a great chat. A few of the ladies had attended the Convention in Manchester and had thoroughly enjoyed the experience. We also talked about the great opportunities joining with District 23 will bring to us.

Great to see you ladies and you will be able to catch up with old friends at the September Assembly in Peebles.

Report by District Editor Nancy

Calling all creative photographers

With the amalgamation of District 2 and District 23, we are looking for a photograph for our Web Page which best illustrates our **combined** District. If you would like to submit a photograph image (must be no less than 700kb) , please send your entry to : nancy@nancyralston.co.uk, and the winner will be announced on our District Facebook. Entries by 1st November please. Have a look at the other District images on Association Web Site for some ideas. **GOOD LUCK.**





This is my 6th consecutive year as President of the Inner Wheel Club of Monklands. Although I am given the title, we are very much a combined team effort when it comes to fundraising and organising events.

I've been a member of Inner Wheel since 1996 and look forward to another good year of friendship within the club and wider organisation.

We enjoy our monthly Club evening meeting and also a monthly afternoon tea/coffee/cake and chat meeting, which keeps us all in touch especially with older members. Wishing everyone a happy year ahead.

In April, we were joined by two Glasgow Street Pastors. The organisation they represent was set up in 2009 to listen, care and aid those in need in two city locations in Glasgow. Well trained, mixed gender teams of three work in the city centre and in the west end area. Teams work in shifts on



Friday and Saturday nights: city centre, 9.30pm – 1.00am and 10pm – 3 or 4.00am, west end, 9.30pm – 1.00am. Street Pastors give practical help, in conjunction with Street Aiders who give clinical help, to a wide range of people: tourists, beggars, homeless, clubbers, especially to those under the influence of alcohol and/or drugs. They work alongside police and ambulance staff. In the city centre a safe zone has been established, with three staff on duty to support the needy in a range of ways: including to sober up, charge mobile phones, contact relatives and to reduce any anxiety or fear. When asked how the Street Pastors could be helped, the reply was brief and focused, 'pray, donate, join the organisation as a volunteer'. This was a most interesting and informative presentation.



Monklands (continued)



Our focus in April was our fundraising event to support our local St Andrew's Hospice. The success of the Afternoon Tea, held in St Margaret's Hall, Airdrie, was the result of the on-going teamwork of Club members, of the Hospice catering staff and of the local community, who all gave generously of their time, effort and donations. The talented musical trio 'Harmony' added to the enjoyment of the day with their wide repertoire of popular songs. The proceeds from the event were substantial, giving much needed financial support to St Andrew's



Anne Cruickshank, one of our members, planned an evening entitled 'Laughter is good for you'. We certainly did laugh! She shared a raft of humorous stories and poems, illustrating how our use of language, including Scottish words and expressions, is used to create them, often with elements of surprise and funny endings. An evening full of fun and laughter. Yes, we did go home feeling good!

Celebration at the Georgian Hotel

At our June Birthday Dinner celebration, Louise O'Donnell (St Andrew's Hospice), was delighted to accept a cheque for £3,820.



(A significant majority of that figure raised from our Afternoon Tea). Everyone enjoyed the meal and birthday cake, while reflecting on our events of the year and looking forward to those planned for our next Inner Wheel year, 2024-25.

Club Correspondent Moira Lauder



Having just finished a year as District Chairman, I am not one for resting so was honoured to be asked to be Club President. This will be my 4th time as President of Motherwell & Wishaw and I am looking forward to a year of fun events and interesting speakers at our monthly meetings.

I am also taking on the challenge of being District Treasurer, so its going to be a busy year !!



Past President Margaret Keeper and President Nancy Ralston



L-R Pearl Arthur (Entertainment Convenor) with 3 ladies from the Singing Group (Harmony) and Club President (Nancy Ralston)

The past few months before the Summer break-up have been busy for our Club. We had our annual Afternoon Tea which allows us to make good size donations to local charities. We were entertained by the fantastic group "Harmony". This year our Charities were St. Andrews Hospice, Clydesdale Parkinson's Group and Lanarkshire Cancer Care Trust.





We had a successful “Awareness Day” in Tesco in Wishaw and hope that we raised the general awareness of what a fantastic organisation Inner Wheel is.



We were helped by the lovely Chelsea Gray, Tesco’s Community Champion in Wishaw.

Our April meeting was a lesson on the “History of Passports”, with a great speaker, Robert Wilson, who brought along some old passports for the Club to have a look at.

The Club Outing this year was a trip to Glasgow’s Kings Theatre to see “Sister Act” followed by a high tea in the Bentley Hotel. What a great day we all had and it seems that our theatre trips will remain popular.



We had the privilege of being the Host Club for this year’s District Rally as the Chairman, Marjorie McGeary, is one of our members. We are looking forward to our new Session starting in September and have lined up some great speakers and of course we will continue with our popular Tuesday Chit Chat Catch Up.

Club Correspondent Nancy Ralston



I am Elaine and have been married to Robert for 38 years. We have three beautiful daughters, two mischievous grandchildren and two spoilt dogs, who all keep us on our toes. I was involved with Girl Guiding for many years, being in charge of a Brownie Unit then Rainbows before becoming District Commissioner and Rainbow Advisor for the County. I was elected as Musselburgh's Honest Lass in 1984 and represented the town at many events across the Borders alongside my Honest Lad and Attendants.

I still remain heavily involved in the Festival and this year I celebrated my 40th year as a "Past Lass".

Before retiring I worked at a local Primary School as an ASN Auxiliary working one to one with children with additional needs. Helping them cope with the school and classroom environment, with their learning needs and their personal needs. A very rewarding and at times challenging job. My Mum, Jessie Hunter, was President of the Club in 1995. This is the first time our Club has had the daughter of a Past President as President and I've got big shoes to fill. I am looking forward to my year in office and know that with the help of our fantastic Club members we can make it another successful year.

Our second half of Inner Wheel year has passed very quickly. We had a great time with all speakers, Laura from Edinburgh Zoo gave us an insight to her work with the animals, Bruce Keith was an enthusiastic speaker on underground Scotland and Veronica Wallace from The East Lothian Messenger gave us a very interesting talk on helping people in East Lothian hear about local news and the number of volunteers this required.

Our business meeting in March was productive and we were able to help several local charities including President Helens own one (Sepsis Research) with the proceeds of a Soup and Pudding Lunch.

We decorated a shop window in the town to celebrate Inner Wheel's 100 year anniversary and received great coverage from the local newspaper. Many thanks to Ann McKenzie for making this happen.





We are grateful to outgoing President Helen for heading up the Club for two years and now we have President Elaine who has taken over the reins. Elaine is looking forward to her year in office. We are delighted to say that we now have 2 new members, Helen Amos and Vicky Thomas who were inducted by President Helen in March.



We were delighted to have a few things to celebrate recently : Secretary Julie Ramsay has taken over the role of Association International Service Chairman (we wish you well Julie), Wilma Raitt was given a certificate for 40 years service to Inner Wheel, and we also welcomed back to the Club Helen Morrison and it is lovely to have her back in our ranks.

The Club attended Tranent IW 40th birthday it was a great evening. Two of our members, Julie Ramsay and Wilma Raitt enjoyed the Convention in Manchester.

The Club also supported the local food bank where we did **100 for 100** - (in celebration of our centenary year) and needless to say we were swamped with donations from the ladies.

We continue with our monthly coffee meet ups and have had a summer outing.

We are looking forward to Harrogate next year and hope to meet up with our Inner Wheel friends from other Clubs.

Outing to Dalkeith Country Park





I was delighted & honoured when I was asked to be President of our lovely Tranent Club for a second time. I joined Inner Wheel when I retired & have loved it ever since! I have lived in Longniddry with my husband Iain for 51 years where we brought up our three children & now have the joy of 7 grandchildren aged 22 months - 20 years in our lives. A retired Home Economics teacher I still love all practical activities - crafting, cooking, baking, reading, walking & holidaying in Spain but especially organising events!

Some of you will know me as The District 2 International Service Convenor, a position I thoroughly enjoy. I have had wonderful support from the District with International projects and hope this will continue in my final year!

Marie Henderson, a member of the Weavers, Dyers and Spinners Guild spoke to us in April about her love of and involvement in the craft of weaving. Listening to her it was difficult not to get swept up in her wave of enthusiasm. Growing up in her native Sweden she went to a boarding school for crafts. She currently teaches classes at Poldrate Mill, Haddington where there are nearly 30 looms. Classes are proving to be very popular and are fully booked. After her entertaining talk members admired her beautifully crafted woven goods.



Had she taken all our orders she would have been kept busier than ever. Despite her busy life, a couple of months later she knitted and handed into Rosa a blanket for Hamlin Fistula.

An extra activity this spring was a Charity Car Boot Sale where the proceeds were donated to Debra, Chairwoman Marjorie's charity. It was a beautiful sunny day which brought in many folk and a total of £600 was raised. In addition to the car boot sale ladies held a mini café selling refreshments.



Tranent *(continued)*



Our meeting in May was extra busy as we had a charity collection and a speaker, Paula Edmond. At the start of the evening members were photographed behind tables piled with over 100 donations. Members were meeting the “**100 for 100 challenge**” by collecting over 100 items to be donated to the local branch of Women’s Aid. As Inner Wheel is an organisation for women, members felt that Women’s Aid was an appropriate choice of charity. The following day M & D Officer Margaret Tait was delighted to hand over the items and in return received a “ Great Big Thank You to Inner Wheel Club of Tranent” from them.



President of Tranent Rotary

After our photo shoot Paula, President of Tranent Rotary, spoke to us about Tropic Skin Care, which specialises in recyclable and reusable cosmetics.

Ros Stewart, International ISO invited the blanket knitters from the Club to her house where they showed off their colourful handiwork. Ros is delighted that from District 2 there is now 159 blankets and 162 baby jackets to be sent away in aid of Hamlin Fistula, Ethiopia.

At our Handover Meeting in June, President Helen was delighted to present a cheque for £2100 to Phil Dodsworth and Campbell Chatham representing Blood Bikes Scotland, her chosen charity. The other guests were Paula Edmond, President of Tranent Rotary and Philippa Ramsden, poet. Later in the evening she handed over the Chain of Office to Vice President Ros Stewart who then presented Helen with a bouquet of flowers. Several ladies from the club helped at Longniddry Open Gardens Scheme by serving refreshments to the visitors and the donations went to Parkinson’s UK, Blood Bikes Scotland and SGS.

Club Correspondent Alison Brown

Dates for your diary



HEARTBEAT OF HUMANITY



2024

NOTE: *the District Website will be updated with further information and details when available.*

Answer to Quiz question on page 12

(The French Open, also known as Roland Garros is the only Grand Slam Tennis Tournament played on clay courts)



Just for fun Word Search



WHERE DID YOU HOLIDAY :

A	R	R	T	R	B	L	A	P	A	A	D	D	G
I	N	U	I	O	S	I	N	B	F	J	N	I	D
I	T	O	A	M	A	Z	A	F	R	I	A	N	M
R	Z	A	E	E	O	A	A	E	A	N	U	U	T
E	A	D	L	F	M	R	G	P	S	I	E	R	I
L	T	N	T	Y	E	B	S	M	A	R	L	R	A
A	D	A	A	A	F	G	N	S	P	A	E	A	B
N	A	L	A	S	N	I	A	A	L	Y	B	A	A
D	I	G	B	S	F	L	J	J	T	M	S	E	H
S	L	N	A	A	N	R	M	I	R	L	N	H	A
A	M	E	M	M	A	D	E	I	R	A	M	I	M
A	N	F	R	A	N	C	E	D	M	I	M	I	A
A	C	I	A	E	M	D	N	A	L	T	O	C	S
B	N	M	P	O	R	T	U	G	A	L	B	E	T

- IRELAND
- BRAZIL
- MADEIRA
- FRANCE
- SPAIN
- SCOTLAND
- ENGLAND
- FIJI
- ROME
- ITALY
- PORTUGAL
- BAHAMAS

Words are:
 Forward
 Backward
 Downward
 Diagonal

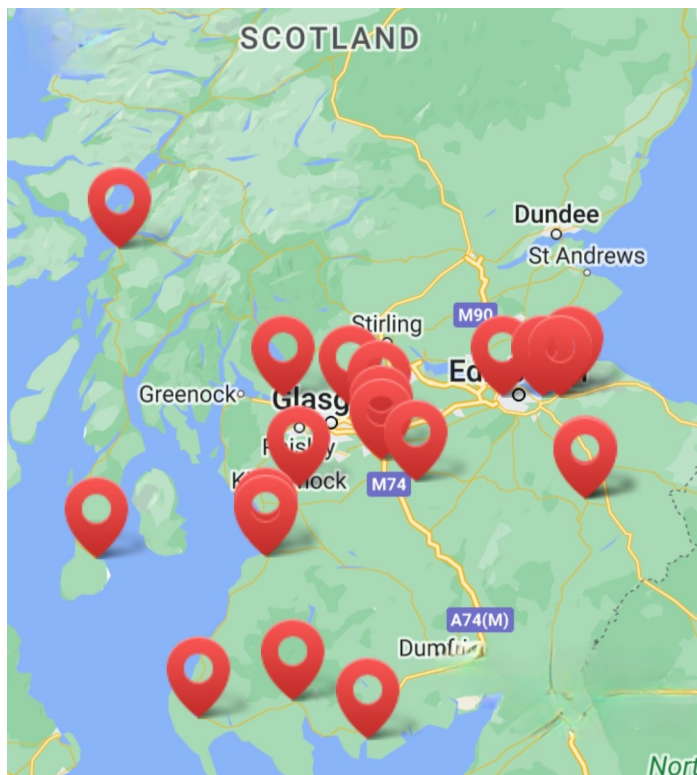
See how
 many your
 can find

Hope everyone enjoyed the Summer break (although not much of a Summer we have to admit !!). I would like to add my "welcome" along with Chairman Susan's comments to our new Inner Wheel Sisters from District 23. I hope to have photographs and short profiles of the Club Presidents in the next publication. Welcome one and all, we hope to get to know you all and look forward to having many opportunities to get together and have fun. *Welcome.*



Yours in friendship
 Your District Editor, Nancy Ralston

DISTRICT 2 COMBINED CLUBS 2024



Alloway, Ayr, Campbeltown, Corstorphine, Dumbarton, Dunoon, Galashiels, Kilmarnock, Kirkcudbright, Kirkintilloch, Lanark, Larkhall, Loudoun, Monklands, Motherwell & Wishaw, Musselburgh, Newton Stewart, Oban, Renfrew & Govan, Stranraer, Tranent

District Editor:

Nancy Ralston, Club of Motherwell & Wishaw D2
E-Mail: nancy@nancyralston.co.uk
September 2024

