

Inner Wheel

ASSOCIATION OF INNER WHEEL CLUBS
IN GREAT BRITAIN & IRELAND

Autumn 2024



Inner Wheel at the Heart of the
Community for over 100 years



**HEARTBEAT
OF HUMANITY**

Inner Wheel 2024-25



www.innerwheel.co.uk

Ladies,

I do hope, like me, you are looking forward to this Inner Wheel year. It is a special year that promises to be full of fun, friendship and excitement as we continue to be *"Inner Wheel at the Heart of our Communities"*.

However, we must rise to the challenges that face us, in particular that of encouraging ladies to join us. You will recall that we started a project to re-image our future. We started by considering the message from the book *"Our Iceberg is Melting"*. Well, I am pleased to report that our Iceberg is still strong.

At our Assembly in July, the Promotional Tool Kit was rolled out to all the members of your District Executive. By now they should have repeated this rollout at each District Assembly. This means that every club has access to the Tool Kit to assist with promotion and membership in their local area.

I urge you all to use the Toolkit as it enables us to make quality posters and posts with a corporate image that can be seen widely across a range of different media. Part of the Tool Kit is a promotional video which is available to download from our website. This can be used in a variety of locations where ladies can view it.

It has been lovely to see Facebook recording the handover of the District Chairmen and Club Presidents. There have been lots of smiles! I wish you all well and know you will enjoy your year in office.

Our conference this year will be held in Harrogate a city that is renowned for its shops and of course Betty's Tearoom, I hope to be able to welcome you there.

I have been overwhelmed by all the beautiful cards and good wishes I have received from members of Inner Wheel encouraging me on my journey to improved health. I thank you all most sincerely and look forward to meeting you as soon as possible.

Heather



Living well with arthritis

Charity of the Year



Self-management is a way of looking after yourself

Arthritis is the most common cause of pain and disability in the UK. Arthritis Action helps people better manage their condition through tailored resources that address their physical and mental wellbeing. Full details of our services and membership can be found on our website (address below).

Thank You & Good Luck

Thank you for fundraising in support of those living with arthritis. We have a dedicated page on our website for you: www.arthritisaction.org.uk/fundraising-resources (or scan QR code on the right) (Please contact Iza@arthritisaction.org.uk for log in details.)



☎ 020 3781 7120

✉ info@arthritisaction.org.uk

📍 www.arthritisaction.org.uk

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**District Chairmen 2024 - 2025
"Heather's Heartbeats"**



**Every Beat
Counts**



**Every Action
Matters**

The Governing Body 2024 - 2025



Dear National President Heather & Members of GB&I

It gives me immense pleasure to extend my warmest congratulations to you on assuming the esteemed position as National President of GB&I, the origin of our incredible organisation Inner Wheel.



Inner Wheel has tied us all in beautiful threads of friendship and, together, we can expand these horizons even further. I commend you all for your sincere efforts and dedication towards the goals of the Inner Wheel Year 2024-25.

Everyone is born unique and has their own style of working. It is up to us all to encourage the potential in others and keep up the spirit of compassion and teamwork.

The theme of this year encapsulates our shared mission to serve, support, and uplift those in need, echoing the very essence of Inner Wheel's purpose. "In a world where you can be anything, be kind," perfectly aligns with our theme, "Heartbeat of Humanity - Every Beat Counts, Every Action Matters." I urge the Association Executive, District Chairmen and Club Presidents to motivate all members across the country to take up projects in tune with the goals set by us.

As we work tirelessly to amplify the heartbeat of humanity through our service projects and community engagements, focusing on initiatives like cervical cancer vaccination, protecting our environment, and taking care of the elderly, orphans, and children, I am confident that we will make a lasting impact on the lives of countless individuals. I am certain you will all be a beacon of inspiration and leadership in your country.

Warm regards,

Mamta..

Mamta Gupta
President 2024-2025
International Inner Wheel



Charter Presentation - Two new clubs in D22

District 22 had a night of revelry at the Goosedale Hotel, Papplewick, Nottingham when their two new clubs of, Mapperley and District and Hucknall and District were presented with their Charters by Association Membership & Development Committee Chairman Liz Norris. District 22 Chairman, Lyn Copper was delighted to present their Regalia.

Member of Council Elaine Hopkins received a special thanks and a wonderful bouquet of flowers from the two new Presidents Sharon Watson and Cheryl Williams, for supporting and guiding the clubs to fruition.

The wonderfully energetic night of laughter, dancing and singing, celebrating the formation of new clubs in D22, was last experienced in 1989, some 35 years ago!



DC Lyn expressed grateful thanks to the whole of the Membership and Development team for this achievement, they have, over the past 12 months, worked extremely hard, but they also understand there are still a lot of opportunities ahead.

Little known facts:

Pat Rawlings - D10 Joint Chairman

I was in Guiding for about 30 years being District Commissioner in Cornwall and also in South Gloucestershire.

Elizabeth Stedman - D24 Chairman

I was once in a Champion Pétanque Team in France.



D12 - June Christophi

The Teddy Trust collects teddy bears from around the UK and sends them to children who are suffering the traumas of war, starvation, or abuse.

Can you knit a jumper for a Teddy Bear?

Size 4 needles and 100 g of DK wool

Back

Cast on 40 sts. Knit (garter stitch) every row until work measures 10cm (4inches). Increase for sleeves. Increase 5 stitches at the beginning of the next 6 rows (70st). Continue in Garter stitch until the sleeve edge measures 10cm (4inches) Cast off

Front

Cast on 40sts. Knit as for back to sleeves.

Increase for sleeves. Increase 5 stitches at the beginning of the next 6 rows (70sts). Continue in garter stitch until the sleeve edge measures 5cm (2inches). With the right-side facing Knit 35 sts. Turn, and Continue on these 35 sts. Knit in Garter stitch for a further 5cm (2inches) Cast off. Rejoin wool, starting with the wrong side, knit in garter stitch to match the first side for 5cm (2inches) Cast off.

To Make up

Sew side seams to sleeve opening.

Sew shoulder seams, so each seam measures 7.5cm (3 inches) from the sleeve edge. This leaves a neck opening of about 15cm (6inches) so that with the slit opening in the front of jumper will fit easily over the Teddy's head.

Dear fellow members - I cannot believe I am producing my third edition - how the time has flown, and I am well into my second year as your editor. This role is such a special one, I have met so many of you and heard so many wonderful things, truly inspiring. I hope you enjoy the articles contained within this magazine, we have some remarkable ladies amongst us and we need to highlight their wonderful achievements. I have said it before - We are ordinary ladies doing extraordinary things.

Di
XX

Inner Wheel Ladies are:

I - Intuitive, Intelligent, Indomitable

N - Nimble, Neat, Noble,

N - Necessary, Nice, Nurturing

E - Energetic, Empathetic, Effective

R - Real, Relatable, Reliable

W - Warm-hearted, Willing, Workers

H - Honest, Humble, Happy

E - Eco-aware, Eager, Enlightened

E - Enthusiastic, Educated, Elegant

L - Loyal, Leaders, Likeable

DH



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www.gertrudefashions.com

Little known facts:**The Queen's Silver Jubilee and she visited Lancaster where I was living at the time. - Lyn Copper - D22 Chairman**

As it was my shopping day, I decided to quickly get my groceries and stand, with a pushchair and very young son, in the throng of people who graciously allowed me to the front because of the pushchair. The crowds stood along Market Street, waiting for her to pass by in her car (as we thought).

Then as the buzz and excitement grew, we saw that Her Majesty was walking down speaking to many. I stood there hopeful to see her close up. Along she came and on approaching me and my son, looked at him who was whinging and Her Majesty then, speaking about my son, said, "One doesn't look amused" I was so gobsmacked that she spoke to me, all I could manage to say was "Don't worry, he'll live". She smiled and walked on. My big moment with royalty, no curtsy on my part and definitely no award will be heading its way from the Palace in my lifetime!

Susan Ramsden - District 2 Chairman

I had to step into the role of Paddington Bear for a school play although, at the time, I was an adult and a teacher at the school!



Liz Norris
Association Membership and Development Committee Chairman
OPPORTUNITY

The focus of Membership and Development for this Inner Wheel year is "**Opportunity**". What better time for the roll out of the Tool Kit with its contents aimed at Reinvigorating Inner Wheel?

The Tool Kit was the result of workshops for our Governing Body and District Officers facilitated initially by Sue Hopgood of District 14. It is fair to say that there has never been such a wide ranging **opportunity** for consultation and input by our members where we worked together looking at where we are now and what we might do to keep us relevant and vibrant into the future.

The creative agency we used (skilltime.co.uk) made several observations as they listened to our members.

Firstly, the team helped us identify that **we are women of action!** They suggested two objectives.

For current members –

to instil pride in our ongoing commitment to Inner Wheel. Highlighted were aspects of Inner Wheel which we all know, but somehow don't always promote. These included seeing Inner Wheel as a way to utilise our own skills for good causes and celebrate all the amazing work we provide to communities, both locally and internationally. We need to become better at raising local awareness of Inner Wheel, and the friendship we offer.

For potential members – to see Inner Wheel as a good way to use their skills for worthy causes. Our target is women who are desiring more purpose in their lives, wanting to put their skills to good use or to help others. Likely women are those with some free time and wishing to interact with others. They could be newly, or about to be, retired, those who work from home or indeed women from any age group or walk of life.

The "100 for 100" challenge really enthused our members in our centennial year. There were so many great interpretations with many clubs and members thinking outside the box.

Please see overleaf.

**Become a woman
of action today**



innerwheel.co.uk

Now, one of our next challenges must be how to market and promote ourselves so that the wider world, and our potential members, can see the good work we do both nationally and internationally.

A promotional video was created by Amy Hopgood. One enterprising member has arranged for her doctor's surgery to include it in the video loop shown in the waiting room. A pile of leaflets placed nearby provides useful information and contacts. Putting posters in cafés, libraries, supermarkets, hospitals, golf clubs, garden centres, estate agents, sports centres, doctors etc is a good way to make us more visible. Flyers at local events is another way of drawing attention. And, as some of our Clubs already do, local sports teams can be sponsored and the IW logo put on shirts, with perhaps a promotional IW advert in programmes or sports team newsletters.

We could also offer to speak to other organisations and clubs, telling them about Inner Wheel and distributing flyers.

All great ideas! And, within the Tool Kit, are templates for customising promotional leaflets, advertising events and Face Book posts.

The Tool Kit can be found in the Members Section of the Association website.

(www.innerwheel.co.uk)

There is also a separate video showing how to customise the templates.

I am delighted that we already have three new Clubs in the calendar year 2024. It is not impossible! I have set a target of 10 new Clubs this IW year. But, I will be happy if it is more!

We definitely have the **OPPORTUNITY!**

Inner Wheel Clubs of GB & I
District 4

New Club Forming Locally

Community Projects

Socialising

Trying something new

If you enjoy any of the above or want to find out more about Inner Wheel do come along to the meeting

Tuesday 15 October
Hungate Centre, Pickering YO18 7DG
7.00pm

We are a women's organisation focused on friendship and service. We volunteer our skills to support good causes, all while having plenty of fun at the same time. We welcome all women who are compassionate and consider themselves women of action. If you are unable to attend the meeting please contact D4newclub@gmail.com

It is great to see examples of how our members are promoting themselves through wearing bespoke tee shirts, tabards and aprons and using pop up banners at their events.

My challenge is to ask every club to embrace this **OPPORTUNITY** to promote Inner Wheel with the same enthusiasm as you gave to "100 for 100". Our future depends on all of us.



We are women of action!

Little known facts:

Liz Bettles - D15 Chairman

When our younger son was a teenager, and a keen sportsman, I was the scorer for Cardiff Cricket Club for several years - a wonderful excuse to sit in the sun (ha!) all weekend on cricket pitches from Aberystwyth to Taunton, with a free afternoon tea thrown in!

Our DC (Jean Hale) D1 has NO SENSE OF DIRECTION at all!

Can get lost very easily - has even managed to get lost returning home from Aberdeen Airport - only 50 miles away! In her defence there was a lot of Inner Wheel chatter going on in the car at the time! District 1 is quite a large District so getting around is going to prove exciting - who knows how many new places she might discover! Thankfully she has mastered programming a route on her iPhone - sadly not so good with her mini's Sat Nav - feels like another lesson is needed before the club visits start in September.

(Maybe Jean could do with a Police Whistle to summon help!)

This poem, written by Kathleen Partridge, was sent by Mrs Margarette Golding to all clubs as "Just a Thought" Christmas message in 1937. The sentiment is delightful and still so very true today.

JUST A THOUGHT

Supposing, just supposing, that one petal of a rose said,
 Nobody will miss me; I could fall off if I choose.
 I really need not bother to flush my petal edge,
 or fill my heart with perfume, or keep my beauty pledge,
 and smooth my satin garment that the dew this morning kissed.
 There are many other petals that just one would not be missed.
 Then the other petals of that rose would murmur with a sigh,
 that petal did not bother, then why indeed should I?
 While another and another would follow suit you see,
 and what a dreadful withered thing our lovely rose would be.
 So it's working all together in the harmony of soul,
 every unit gives its best to make a perfect whole.

Purchase a Margarette Golding Rose to remind yourself of the above



The beautiful Margarette Golding Rose is still available to purchase from Harkness Roses.

<https://www.roses.co.uk/product/531038/rose-margaretgolding-5l-potted>

Link posted on the Inner Wheel website
www.innerwheel.co.uk

Little known fact:

Gill Staerck - D25 Editor can be Googled "Gillian Staerck Historian"

A visit to the National Memorial Arboretum, Alrewas Gloria Humphrey, Association Treasurer.

My husband and I attended the National Memorial Arboretum at Alrewas on the Armed Forces Memorial Day.

It was a very busy day - many Veterans, proudly displaying their medals, and lots of service men and women in uniform. Quite emotional visiting the various memorials to the fallen, but well remembered by families and visitors in this wonderful place, always worth a visit.

Of course it would have been remiss of me not to visit the Inner Wheel garden, which was in full bloom and looked beautiful. The two Margarette Golding roses, planted by Immediate Association Past President,



Anthea Tilsley, during her year, were in full flower. This year the Association paid for the plaque to be refurbished and is now much clearer to read.

I nicely asked the two Beefeaters if I could have my photograph taken with them - and why not, lovely to talk to them about their service too.

Melanie's - Ally Pally Story

You may recall that I reported during lockdown of getting up early and walking up the hill to the top of Alexandra Palace to watch the sunrise coming up over London town. I became addicted until the clocks changed in the Spring and it suddenly dawned on me that I was leaving the house at 5.15 am in the morning to chase my sunrise surprise!

Moving forward, a friend of mine contacted me in Autumn last year to alert my attention to a project that was happening – it asked for people to send in photographs of themselves at Ally Pally. So, the next time I did my sunrise walk, I took a selfie at 6 am and sent it off.

At the beginning of June, I received an e-mail to confirm that I was now a piece of art!!!

To celebrate 150 years of Alexandra Palace, they teamed up with visual artist Helen Marshall to create "By The People: A 150 Lifetimes", an ambitious project to preserve thousands of people's memories and connection to London's iconic Alexandra Palace. If you copy the link below, you will see that the mural has been made up of about 2,000 peoples photographs which you can zoom into really closely!

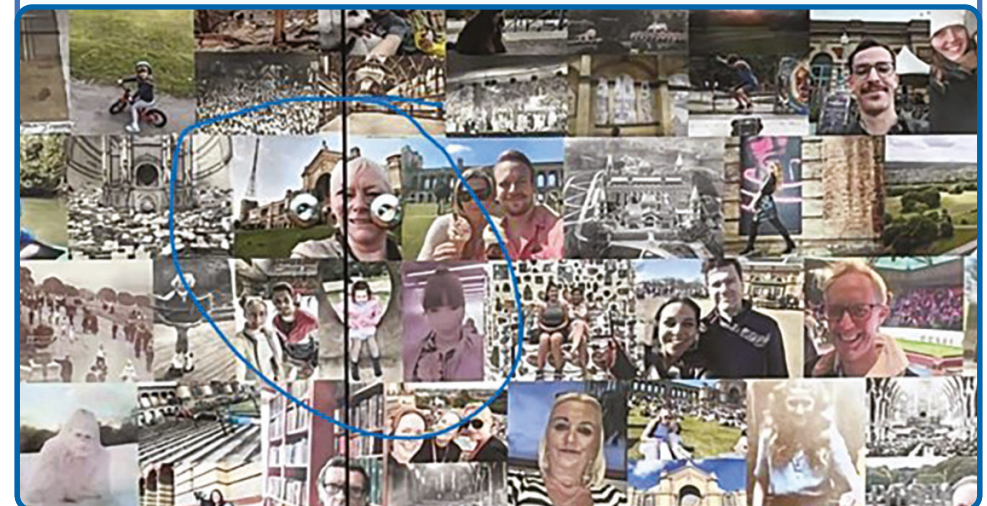
<https://thepeoplespicture.com/alexandra-palace-150/>



I then spent 2 hours in bed one Sunday morning, scrolling through all the photographs to try to find my image, unsuccessfully! A few days later, I was sat at my desk eating my sandwich lunch and thought I would have another look at the image, on my big desk computer screen, and voila, I found my photograph pretty much straight away!



I haven't had the opportunity to go and see the actual mural in the flesh but a friend of mine recently had a couple of days work at Ally Pally. She sent me a message to say "how rude!" They've put bolts through your face!!! Sure enough, there I was on the join of the mural segments with 2 bolts through my face At least people will not have a problem finding my photo!



Helen McCann D20

A remarkable story of "Reach & Inspire"

One of my earliest memories is when I was 5 years old, I was at the hospital with my mother, having just had a hearing test. The consultant told her, "Don't bother wasting your time on her, she will never achieve anything." I can see the consultant as clearly as if it was yesterday, I didn't understand the implications of his words, but I knew he wasn't being very kind.

Fortunately for me, my mother took no heed and despite my refusal to wear the box hearing aid I was given, it brought me a level of negative attention I hated, I was educated in mainstream school. I passed the eleven plus, went to grammar school and then on to a London University, ultimately becoming a maths teacher.

In September 2016, I was challenged to take on The Bath Half Marathon and The London Marathon 2017. Nothing unusual about that, except at the time I was a 59 year old non-runner and more to the point, a registered blind guide dog owner.

I had been diagnosed at the age of 29 with a condition called Retinitis Pigmentosa. The consultant who delivered this news was no less brutal than the ENT consultant, telling me I would be registered blind within ten years and there was nothing they could do. At the time I was six months pregnant with my second child. I felt sorry for myself for about two days, when I decided I had a family to look after and from that point on I took one day at a time, living a full and active life. I was determined I would not disable myself with self pity, that was a burden I did not want to give my family. I also have rheumatoid arthritis and Lupus, diagnosed age 32, along with other auto immune diseases, but I don't let it stop me living my life.

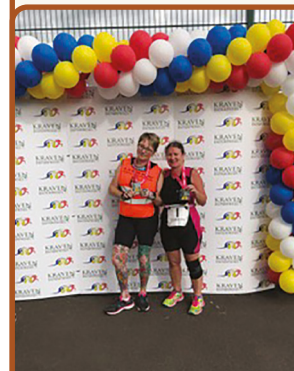
Failing sight meant I was losing my independence, being matched with my first Guide Dog in 2005 opened up a whole new world. That was when I vowed to raise as much money as I could for Guide Dogs.



I've always been a sucker for a challenge, and I had seven months to prepare for the marathon, with the help of a guide runner.

People often ask me why I decided to take these events on, there is no simple answer. A combination of raising funds for Guide Dogs and to see if I could do it. I didn't want to spend my life with regrets, wondering if I could have done it. It was not easy, I was literally running blind, as I didn't have a clue about running, much less long distance running!

After months of intensive training, I crossed the finish line of The Bath Half Marathon and six weeks later The London Marathon. I also managed to surpass the £2000 compulsory target and raised nearly £7500. Then I was hooked, the following year I repeated the two events, along with Yeovil Half Marathon, two 10k events and my first triathlon, prior to triathlon training I couldn't swim properly, and I had NEVER ridden a bike! £12500 was raised that year.



Post Marathon

I'm still competing, the latest challenge was The Langport Triathlon in September 2024. In 2025 I will take on The Bath Half and London Marathons, I will be 67 when I take on these challenges. I will continue to do these challenges while I can, raising more funds for the charity close to my heart. To date I have raised in excess of £120000 and I hope that this year I will exceed what I raised in 2018.

Social media

#RunningBlindHelenMcCann

PS - Langport Triathlon now completed - many congratulations



Pre Marathon

**Presentation of a Margarettte Golding Award -
Marian Curtis D15**

At District 15's Assembly, District Chairman Liz had pleasure in presenting a Margarettte Golding award to Marian Curtis.

Marian is a member of the Inner Wheel Club of Pontllanfraith, she is a Past District Chairman and for the last three years she has been District Secretary.

She is a retired District Nurse who volunteers at several local hospitals. She befriends and visits weekly, something she has done for several years, she assists with nursing care if required and will sit with patients who are receiving end of life care, providing comfort in their final hours.



Marian volunteered during the Covid pandemic at a vaccination centre. She volunteers at the foodbank through the church and collects food weekly.

Fundraising is something she is passionate about, she bakes cakes, makes jams and chutneys and sews and knits, making masks, headbands, bags etc.

Marian provided support for people arriving from the Ukraine, helping them to complete forms and helping them access general information.

Marian also attended a National Immunisation Day in India with her husband David.

Liz commented if Marian was a stick of rock it would say 'service' all the way through!

**"The things you do for yourself are gone when you are gone,
but the things you do for others remain as your legacy".**

Kalu Ndukwe Kalu

**Association International Service Committee Chairman
Julie Ramsay**

I am writing this to introduce myself as your new Association International Service Chairman. I am a member and secretary of the Inner Wheel Club of Musselburgh in District 2 which now has twenty-one clubs following the disbandment of District 23. I am a widow with two sons and three grandchildren.

For the last two years I served with Pam Boyes on the International Service Committee, and it was a pleasure to see Pam's project come to a successful conclusion with the purchase and delivery of the Book Bus along with thousands of books.

Next July I will announce the charity and project that I would like us all to support. Meanwhile, as I am writing this while on holiday in Italy, I am hoping that you will take part in my want to recycle as many items as possible. If you have any loose coins, notes or out of date currency, Mary's Meals are collecting and converting into cash. If you want further information on how to do this, please contact your District ISCC or myself.



Other recycling items are gently worn bras for "Smalls for All," Ring pulls for the Purple Community Fund. Many clubs already recycle items and in these tough times it is better than asking for money.

Happy collecting!

Julie

STOP - REMEMBER THE MESSAGE ABOVE BEFORE YOU DISCARD

District 14 Banner Exchange - Sue Meldrum, District Editor

The President of Camberley Club, Pina, exchanging Banners with President Anna Longo of the Inner Wheel Club of Castellammare del Golfo, Sicily, Italy, together with three other members, including Pina's cousin Rosella who is the Club's Vice-President. As another family coincidence, they all met in a building where Pina's grandfather used to live.



Pina left Sicily for South Africa when she was eight years old, and later joined the Inner Wheel Club of Durbanville, where she was Treasurer and International Service Organiser. She became a member of Camberley Club when she moved to the United Kingdom.

Although Pina managed to return to Sicily for regular visits to see family and friends, this was a special homecoming to be able to meet members of the Castellammare Club and exchange banners and ideas of what both clubs enjoyed doing.

A great example of Inner Wheel friendship between countries.

Little known facts:

Pru Witter - D20 Joint Chairman

In 2014 one of our now Joint Chairmen, namely Pru Witter, cycled from her home in Somerset to the Association Conference in Telford, a distance of some 140 miles. She was joined by a friend and the journey took 3 days. They both fell off and one had a puncture but they arrived safely in Telford having raised money for "WizzyBugs", D20's charity for the year, supporting "Wheels" to celebrate 90 years of Inner Wheel.



Patricia Clews - D7 Chairman

I was once given half a crown by a Chancellor of the Exchequer. "Anthony Barber was Chairman of Redferns National Glass where my dad was a foreman. My dad took me with him when he went to collect his wages and the man, he was talking to, gave me half a crown. I was 4 years old. He went on to become a life peer - Baron Barber of Wentbridge, West Yorkshire".

THE HISTORY OF THE POLICE WHISTLE - Ruth Haskins Solihull D6

The first police force in England gave their officers wooden rattles to draw attention when they needed help. In the 1880s', when it became clear that the rattles were not loud enough, they were replaced by the Acme Police Whistle.



The owner of the Acme company, Joseph Hudson, invented it after he heard the screeching sound made when he dropped a violin on the floor and smashed it. He said that the sound is really high pitched and loud and is not like anything else.

Joseph Hudson entered a competition, held by the Metropolitan police force, to design a better way of attracting attention. With his design he won a contract to supply this new loud whistle.

Acme was founded in 1870 and became the world's largest and most famous producer of whistles. One year after inventing his first police whistle, Joseph Hudson had taken orders for over 250,000 whistles and was employing 50 people. He later invented the first referee whistle for football matches, prior to this a handkerchief was used to draw attention at games! Hudson later invented the 'Acme Thunderer' the first ever pea whistle and remains the most used whistle in the world, from train guards to dog handlers.

The company was family run for over a hundred years, by three generations of the Hudson family. Since 2014 the company has been owned and managed by Simon Topman.

During recent programmes about the 80th Anniversary of the D-day landings it was mentioned that the Acme Company had made the metal 'clickers' used by the paratroopers during landings on French soil. One click was activated and if a paratrooper heard a response with two clicks he knew he was amongst friends and allies rather than enemies.

The firm is based in Birmingham. I have toured its workshops and can recommend a visit.

Little known facts:

Margaret Bracher - D10 Joint Chairman

When she went for a job interview, "The interviewer said, "Well anyone with a **Latin O level** must have half a brain!" And so, she got her second job which lasted for 36 years.

A member recognised by her fellow club members

By Julia Emberton

Inner Wheel members of Chelmsford Mildmay have fully supported one of their members, "Anthea Tilsley" over the past year in her role as Association President.

They have all been very glad to support her "100 for 100" initiative in many varied ways, including collecting over 200 bras and knickers to support Smalls for All, stamps for Bone Cancer Charity, 8.4kg of costume jewellery for the Alzheimer's Society, hundreds of blister packs for recycling by Superdrug, seeds for Gambia, 100 cakes were baked for Baycroft Nursing Home and Geraldine Beaurain spent 100 days alcohol free raising £555 for Anthea's charity BEAT.

Chelmsford Mildmay members all agreed that Anthea has done a huge amount for IW over the past year as Association President and they were behind her all the way.

How could they show their appreciation to Anthea?

President Jennie Cappin woke up one night and had an idea. 'We should do something special to recognize the huge amount that Anthea has done for Inner Wheel during the past year as well as putting Chelmsford Mildmay on the map.' Jennie checked the Inner Wheel rules which state that 'A club may confer Honoured Active Membership on an active member who has given outstanding service to Inner Wheel'. All club members agreed and Jennie was thrilled to present Anthea with the award at their club meeting on 11th July 2024.



The Association of Inner Wheel Clubs in Great Britain & Ireland

Annual Conference

31st March 2025 - 2nd April 2025

The Royal Hall, Ripon Road, Harrogate



Register on the Association Website.

President Heather will be holding a Craft Stall in aid of her charity

Arthritis Action.

Contributions of homemade crafted goods very welcome.



ItsHandMade



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