

# MINI NEWS AT ONE

E – mag 10:: December 2023 — Christmas



## District Chairman's Christmas Message,

From the 1<sup>st</sup> September to date, I have visited 15 Clubs, celebrated 2 Birthdays with them and also attended the International Service Rally in Stirling.

Everywhere I have gone, I have been warmly welcomed, given excellent hospitality where necessary, and thoroughly enjoyed myself.

One Club introduced me with a poem and another with a song about our 100 years of Inner Wheel GB&I which I have to admit was a bit of a surprise, but a very welcome one.

As you are all aware, my Rally will be held on 31<sup>st</sup> May 2024 in the Carnoustie Golf Hotel, arrangements for which are well under way, and I look forward to the event with great anticipation. Please remember the Poetry Competition on the topic of 100 years of Inner Wheel, entries for which should be with us by the 9<sup>th</sup> March 2024.

Every Club I have visited has been very enthusiastic about 100 for 100 and is working hard to fulfil the objectives set.

I would like to wish everyone in District 1 a very happy Christmas and a prosperous New Year.

Yours in friendship,

**Annetta x**



## Welcome home Trish!

I am delighted to report that Trish is firmly back home in Scotland, for the festive season at least, after her wonderful globetrotting adventures! We were delighted to see her at our International Service Rally in October. By then she had already visited Southern India, Sweden, Norway, Finland, Bulgaria & Denmark. Since then she has been to France and most recently a fascinating trip to Sri Lanka. WOW!

**WELL DONE, Trish** — you are such a great ambassador for International Inner Wheel, for GB&I, for Scotland and for your Club, Montrose and of course District 1.



We are lucky that Trish is now posting the blog of her travels on our **Facebook page** as well as the Association page so you can read first hand what she is up to as it happens.

You can also read all about her travels in the **International Inner Wheel E-magazine** which is to be found on the members section of the IIW web site — link below.

There are more fabulous adventures planned for 2024 - culminating in us all meeting up again at the Convention in Manchester in May.



*Pics. from Sri Lanka*

Thank you for all you are doing— **Shining a light** around the world. **Happy Christmas from us all xxxx**

Link to the IIW E magazine — <https://drive.google.com/file/d/1RlkHCsKFXW4eDBMH3NQFyTNSb0CHXgC/view>

## SAVE the DATE DISTRICT 1 CENTENARY CELEBRATION & RALLY

Friday 31st May, 2024 ~ Carnoustie Golf Hotel  
*More details will be given soon*



Unleash your INNER poet

TITLE **"100 YEARS OF INNER WHEEL"**

Closing date 11.59pm on Saturday 9 March 2024

PRIZES

Winner to be announced at the District 1 Centenary Celebration & Rally

Carnoustie Golf Hotel, Friday 31 May 2024

## District 1 Poetry Competition



Inner Wheel at the Heart  
of the Community for 100 Years

## How is your Club celebrating the CENTENARY of INNER WHEEL?

We want to see all the incredible things you've been up to, from your fantastic creations, to your heart-warming community work. So, grab your cameras and start snapping away because we want your best moments!

We're going to weave them together into a presentation for the DISTRICT 1 CENTENARY CELEBRATION & RALLY to showcase the wonders of District 1 during this CENTENARY YEAR!

Send your photos to:-

innerwheeldistrict1@outlook.com

as soon as they are available - and before 15 May 2024



## International Service Rally Report

A very warm welcome was given to all those who attended our **International Service Rally**, held in the Court Hotel, Stirling on **Saturday 14<sup>th</sup> October**. Our first International Rally since COVID and very well attended by almost **100 members**. We were welcomed by **District Chairman Annetta Anderson** before the day was handed over to our **District International Chairman Nanette Thomson** of the Stirling Club. The roll call was expertly handled by **District Secretary Gladys Johnson**.

The hotel is nestled at the centre of the Stirling University Campus, and after a welcome drinks' reception, a beautiful meal was served. This was augmented by the lovely table decorations, place settings & gifts of tablet and shorties, to take home. **ISC Nanette & her Rally Committee of Margaret Sutton & Jessie Stuart** had done a wonderful job with no detail overlooked. A



Top Table guests with the District Executive



The dream Rally team— Jessie Stuart, Nanette Thomson & Margaret Sutton

fabulous effort, ladies! They were willingly backed up by **President Teresa Hill** and **all the members of the Stirling Club**. Their preparations included publicity and pre-sales of raffle tickets at our August District Assembly.

On the day we were delighted to have with us many distinguished guests, including **International Inner Wheel President, Trish Douglas**, newly returned from her travels to Southern India, Sweden, Norway, Finland, Bulgaria & Denmark. Trish spoke of the need to set up funds to tackle the many disasters around the world as well as our need to **'Shine a Light'** on the work Inner Wheel does throughout the world. Attending from our own Association, we were delighted to see **Association Vice President, Heather Sheerin** especially as she is recovering from very recent hip surgery; **Association International Service Chairman, Pam Boyes**, who spoke about her 2 year project to provide a further 'Book Bus' for Zambia - which has been very well supported by our clubs: and also **Association Editor, Di Hylton** fresh from her impressive parachute jump, to raise funds for BEAT.



Annetta Anderson, Heather Sheerin & Di Hylton

The main speaker of the afternoon was **Sally Davidson** of **Mary's Meals** who gave an update about the charity, much loved here in Scotland, by our members and clubs, most of whom have fundraised for Mary's Meals over the years. The provision of a simple meal, for almost 2.5 million children worldwide, means they will attend school & their health and education improves. This changes life prospects considerably. Sally cares deeply about their work which was obvious and as a finale presented each club with a copy of 'The Shed that Fed a Million Children' – the story of their charity written by founder Magnus MacFarlane-Barrow. This was followed by a chat with our 'star' guest, celebrity chef **Nick Nairn**, who simply charmed all the ladies there! Nick spoke of his early life, how he got into cooking and his early struggles establishing himself in the world of food and later in television on Ready, Steady, Cook. He has attained a Michelin star, owns several restaurants and a cooking school, regularly appearing on cooking and Scottish food programmes including Landward and the Great British Menu. He is also an ambassador for Mary's Meals. The ladies could have listened to his tales all afternoon!

A **fabulous raffle** had been organised with some amazing prizes including a case of Champagne, tickets to an international rugby match at Murrayfield and many more. **Julia Nairn** drew the raffle, which together with a most generous donation raised **£1670** and a cheque was presented on the day to Mary's Meals from the event. A wonderful day was had by all, and the vote of thanks was given by **Acting District 1<sup>st</sup> Vice Chairman, Jean Hale**.

Thank you to Nanette and her Rally Committee, as well as the whole of the Stirling Club, for organising such a superb event.



Celebrity Chef Nick Nairn



Sally Davidson—Mary's Meals

Jean





The **100 for 100** challenge has really taken off across the District & we are delighted that clubs are getting so involved. *Here are some of the things you are up to . . . . . for inspiration*



The **Perth Club** have planted 100 bulbs around the tree they planted for the **Queen's Diamond Jubilee**



The **Aberdeen Club** is collecting stationary & crafting materials for **Skene Street School in Aberdeen**



**Forfar** President, Kate McFarlane is attempting **100 turns** of her hula hoop for **100 days!** The club are collecting **100 chocolate items** for a **Chocolate Tombola** to be held at the Farmers Market.

**North Fife** have featured on the front page of **The Courier** with their bulbs—100 bulbs donated to the 6 villages where members live. Fabulous publicity for Inner Wheel too! **Shining a Light!**



**Plants & bulbs**—many clubs are donating or planting bulbs, giving flowers or bowls of bulbs for **Inner Wheel Day** – **Laurencekirk, Pitlochry, Ellon**. **Kinross** will pot up **100 primulas** to distribute locally to people who take meals on wheels at Easter time. **Stirling** are getting together packs of seeds/plants.

**Kinross** —100 coins for **Water Aid** in a new Piggy bank!

**Food Banks**—many clubs are collecting **100 items** to donate to their local food bank. **Forfar & Laurencekirk** are donating these on **Inner Wheel Day**; **Kinross** are giving theirs to **Broke not Broken**; **Nairn** are collecting **100 tins**, as are the **Dundee Club**.



**Laurencekirk** have knitted goods for Blytheswood (above) and they have well over 100 items for their **Shoe Boxes** (below).



**PDC Doris Campbell (Aberdeen)** completed 100 miles walking with her dog, Brodie in October, for SCAA and has been busy knitting 100 squares for this blanket below



**PDC Agnes Mackay (Forfar)** is contacting **100 musicians** as a volunteer supporting the **Tayside Symphony Orchestra**



Other members have been busy crafting, knitting and crocheting. **Inverness** collected all this wool at a club meeting to help **Association Vice President, Heather Sheerin** along with her goal of crocheting **100 baby blankets**. **Ellon** are knitting **100 squares** and **Dundee** are knitting **100 bonding squares** for Ninewells baby-care unit—one for baby still in hospital the others with parents at home—and then exchanged so that each has the smell and 'nearness' of the other

**Stirling** will try to fill **100 small jars** with small change and are hoping to clock up **100 hours of volunteering by club members** —e.g. at Strathcarron Shop; helping at a bucket collection; helping at a dementia club — great projects ladies.



**Nairn** are collecting 100 packs of **Bras & Pants** and **Ellon** are collecting **100 pairs of pants** for **Smalls or All**

Please send details & a photograph of what **your club** is doing to **District Editor Jean** in the usual way — for inclusion on Facebook and future publications. She is also forwarding these to Association for inclusion in a new **100 for 100** page on the Association web site — look under **News—100 for 100**. We also want these for our own **Centenary Celebration Rally**, full details on **page 1**



And I have almost completed **100 posts on our District 1 Facebook page!** Donation to District Charity, MS Scotland when completed. Keep the news coming in ladies!



**District Secretary Gladys Johnson (Laurencekirk)** is busy making **100 jars of jams, pickles & preserves**. She will complete the challenge with marmalade in January

**PDC Susan Oliphant (Forfar)** has set up a **book exchange** at club meetings - donate a book or pay £1 to take a book. **Kinross** has also collected **100 books** to sell to members.





Our clubs **ALWAYS** do something to celebrate **Inner Wheel Day**. This year for our centenary, let's **Shine a Light** about what we are doing! Try your best to get increased publicity and try to let people in your local area know about Inner Wheel. Write something & try to get it published locally—on a community Facebook site, on Instagram, in the newspapers or an advertising board. The **Auchterarder Club** are using the town's **Digital Notice Boards** to great effect and I know that other clubs have plans to gain publicity for 10th January. Let me know what you are doing and I can post up on our D1 or the Association Facebook pages - but clubs need to post *for themselves* on local community ones, as I don't have access.

**Here are some other ideas to make ourselves visible!**



**Borrow the D1 Banners**



**Share contact information by having business cards or fliers at events to hand out.**



**Wear badges/garments with the IW logo — some available from Association shop, through Matthews or clubs use local sup-**

**Leaflets & posters**



### Diary Dates 2024

**Saturday 9th March : District Meeting - 10.30am onwards:**

*Speaker: Dr Murray Cook Archaeologist & Historian : **Aberdeen Altens Hotel***

**Monday 13th April : Centenary Celebratory Lunch - 12 for 12.30 : Leonardo Tower Bridge Hotel, London**

**Friday 19th April : Association AGM — Virtual Meeting (Zoom) - no further details**

**Tuesday 7th to Friday 10th May : 19th International Inner Wheel Convention - Manchester Convention Centre**

**Friday 31st May : District 1 Centenary Celebration Rally : Carnoustie Golf Hotel, Carnoustie**

**Wednesday 12th June : District Meeting and AGM - 10.30 am - Virtual Meeting (Zoom)**

**Wednesday 21st August : District Meeting/Assembly - TBA**



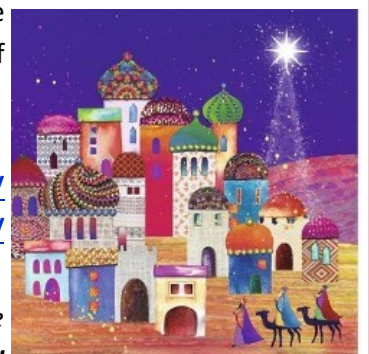
Members of the **3 Scottish District Executives** who met up recently for their annual lunch in Perth. A lovely afternoon of catching up, renewing friendships, swapping ideas & news. Watch out for the 2 videos we made & have submitted to IIW for the Centenary !! 🎥

Members can join our **Facebook group**— search for **Inner Wheel District 1** and answer the membership questions or go to [www.facebook.com/groups/2567908903455465](https://www.facebook.com/groups/2567908903455465) - lots of posting about what is going on in our District.

You can follow us on **Instagram** — [innerwheel\\_district1](https://www.instagram.com/innerwheel_district1) —which Doris looks after for us.

Our **web site** is updated, check it out at — [www.innerwheel.co.uk/district-1/](http://www.innerwheel.co.uk/district-1/)

Each club has its own page, same link, followed by club name—[www.innerwheel.co.uk/district-1/club name](http://www.innerwheel.co.uk/district-1/club name) .



One of the lovely cards being sold in aid of MS



*I look forward to receiving your Club and Home Service Reports by the end of the year. **Wishing you all a very Happy Christmas with good health and happiness for 2024.***

**Jean xx**