



# NEWS AT ONE

No 144 Spring 2023

## Message from District Chairman, Doris

Visiting family in Melbourne was a great start to 2023 for Colin and I in January. A girls' night out with Jenny's friends to see the Alexander McQueen Exhibition was incredible and so much fun. The photo is of Jenny and I before we boarded a train for Melbourne City Centre. Most of the time Colin and I were doing grandparent things like babysitting, going to the beach or to the zoo. Our grandson, Magnus will be 2 in March. Special times for us and those with family thousands of miles away know what a wrench it is leaving for home.

Thank you for supporting SCAA in your club activities. I read recently that there has been a 19% increase in call outs for air ambulances in Scotland (967 call-outs at the Aberdeen and Perth bases in 2022) sadly mainly to assist with road accidents.

This is a landmark year for 2 Clubs – Ellon's 30<sup>th</sup> and Aberdeen's 80<sup>th</sup>. Many congratulations to both clubs and look forward to seeing the photos.

I am looking forward also to our March District Meeting, our District 1 Rally in May and then our Zoom AGM in June. Of course, we also have the Association Conference in Blackpool (end March) and get together with District 1 on Monday night and lunch with D10 members and with D10 members Tuesday lunchtime. We also will team up with our counterparts in D2, D23, D3 and D16. These links are very important and good to keep friendships going.



Doris with her daughter Jenny who lives in Melbourne

With my best wishes, Doris x



### Objects of Inner Wheel



To promote true friendship

To encourage the ideals of personal service

To foster international understanding

## WELL DONE DISTRICT 1

District 1 donated a total of **£40,890** to charities in 2022.

This has been made up of money raised by individual clubs - **£23,550** going to charities here in Great Britain & Ireland and **£12,340** to international charities. In addition **£5,000** was sent directly from our District General Account to PIIWP Phyllis Charter to buy items to be shipped to the Ukraine.

As well as this, a mountain of goods have been crafted, collected and distributed locally and sent overseas.

Full details will be given in the reports at the District Meeting in Aberdeen. This is a truly amazing achievement ladies!

Well done!

Nanette Thomson (International) and Jean Hale (Editor)

# CLUB ROUND UP . . . . . in no particular order

**Dundee : President - Gloria Burns**

**32 members**

After two years of limited outings and socialising we were able to gather together over the summer, enjoying a trip to Abernyste Antiques Centre for lunch and a wander around the various sections old and new. *(pic. right)*

Inner Wheel ladies supplied a selection of tasty salads at a BBQ for the joint Presidents' evening with Dundee Rotary Club, and the sun shone brilliantly for the annual Putting Competition. Summer Coffee Mornings were opened up without restriction. President Gloria rounded off the summer break with a splendid Strawberry Afternoon Tea.



**Abernyste**



**DC Doris & President Gloria**

We continued the year in truly celebratory style when Clubs across District 1 joined Dundee Club's 75<sup>th</sup> Anniversary Lunch. The afternoon featured an excellent fashion show by Patricia Forbes of Broughty Ferry. The show was expertly choreographed by the shops Manager Karen, daughter of Margaret Hutcheson, who, as our now longest serving member, cut the Anniversary cake.

There was also an international flavour as President Gloria had the pleasure of welcoming Sabita Das, Past President of Balaju Inner Wheel, Kathmandu. Sabita was visiting her daughter, a Doctor at Ninewells hospital.

***Congratulations Dundee on such a wonderful event! (Editor)***

The year drew to a close with the traditional Christmas Lunch and musical entertainment with Alison Bishop and Friends.



**Putting Competition**

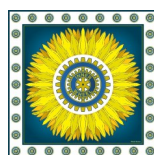


**Sabita Das, Past President of Balaju Inner Wheel, Kathmandu presents her club's banner to DC Doris & President Gloria**



**Margaret Hutcheson, President Gloria & DC Doris cut the cake**

**Sue Mathers  
Club Correspondent**



**Christmas entertainment**

**Aberdeen : President - Beth Struthers**

**39 members**

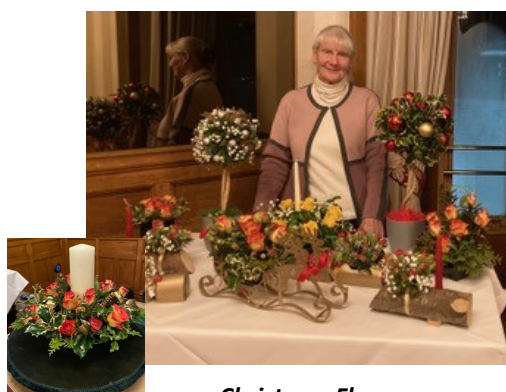
We are delighted to be able to resume meeting again in person at the Atholl Hotel – our usual venue and have enjoyed several eloquent speakers on a variety of topics, ranging from Child Protection, babies born at Haddo House during WW2 to Christmas flowers. Grateful thanks go to President Beth who has organised the programme with so many interesting speakers and there are still more to come. We were pleased to welcome Doris to our opening meeting of the session - not just as a member of our Club but as District Chairman. This was one of the first Club visits she was to make during her year of office. We are also delighted she has been able to spend valuable time over the summer with her grandson, Magnus – all the way from Melbourne.

We have continued with our knitting project along with Skene Parish Church. Monthly coffee mornings have been hosted by various members, our book group continues to meet and walks are also popular. At the beginning of the session, a fundraising BBQ was held at the home of Mary Leslie and this proved very popular. We have had an excellent response to requests for contributions to various charities. Our Christmas meal took the form of a floral art demonstration by Rose Clark who was familiar to some members of the club. The demonstration produced some beautiful arrangements. Members brought along donations of tinned food and these were delivered to Instant Neighbour, Aberdeen. We look forward to our 80<sup>th</sup> Birthday Celebration on 14<sup>th</sup> February when we hope to entertain Association President Karen and representatives from District and surrounding Clubs.

**Margaret Eastmond, Club Correspondent**



*Enjoying the birthday cake at Doris's December Coffee Morning.*



*Christmas Flowers*



*Coffee break after a walk in Hazlehead Park*

**Forfar : President - Kate McFarlane**

**31 members**

We have had a very interesting session since the summer with talks from Rotary President David Stobbs and a very uplifting and informative evening with District Chairman Doris. The ladies were also intrigued to hear from Derek Ramsay about the work done in Angus by volunteers who help keep hedgehogs safe over the winter. Derek had some lovely pictures to share with us.

We have managed thanks to members generous hospitality, to organise several afternoons with cakes, teas and good fellowship raising money for local charities and also to send to Mary's Meals. Luckily this fell within the time when our donation was fund matched — so doubled in value. *(pics left)* Rotary President David



& our President Kate planted trees at Restenneth Priory as part of the Queen's green canopy. *(right)*. A sumptuous afternoon tea was enjoyed at the Lands of Loyal Hotel in Alyth in place of a December meeting *(pics below)* getting everyone into the spirit of Christmas . . . . . or was that the prosecco!

**Lynne Tasker, Club Correspondent**



**Stirling : President - Marjorie Duncan**

**31 Members**

Despite the trials and tribulations throughout the World, our Inner Wheel club is thriving. We have recently been joined by two new members. The Stirling Observer has done us proud again, giving us prime spots in their Voice of the People section. We have many lovely photographs of our social and fundraising events, which appear on the web site and a few below. A car boot sale was held and we enjoyed a wonderful afternoon at our 73rd Birthday Tea when a male voice choir entertained. We have also enjoyed a visit to the legendary Roslyn Chapel and fellowship with Rotary at ten pin bowling, a night at the musicals and their Christmas Lunch. Jessie Stuart also hosted an ISO lunch. Over £1000 of funds were spent on assisting our Ukrainian Refugee families now living in Dunblane.



**Pics: Top—3 from the Birthday tea; the other from our visit to Roslyn ;**

**Below—collection for Ukrainian Refugee families living in Dunblane; the car boot sale; members at the Birthday Tea.**

A cloud on the 1st of December descended upon our Stirling Inner Wheel club with the sudden passing of our Past President Judith Vaughn-Sharp. This was so very sad for us all, and such a shock to her family. I don't need to say how much Judith contributed to our club, I do know she will be very much missed by our members and all who knew her in District 1 and beyond.

**Janet Macaskill, Club Correspondent**

**Laurencekirk & District : President - Marion Robson**

**26 members**

We have had a good turnout for our meetings. We welcomed the Rotary President for the first meeting of the new session. Followed in October by Denitsa Jacobsen who has a tremendous passion for bee keeping. We welcomed District Chairman Doris and her daughter Caroline to our November meeting, followed by Sheila Mann, who gave us a "Christmas Recital" for the December meeting. We continue to hold monthly coffee mornings at Castleton farm shop – much enjoyed and well attended. In October we celebrated the 90<sup>th</sup> birthdays of Olive Henry and Mildred McWilliam. Both have been stalwart members of the Club since its inception some 37 years ago.



**Caroline, Doris's daughter,  
Gladys & DC Doris**



Hopefully the photo left will be of interest – taken some 35 years ago. Of course we all look a lot younger in then!

**Frances Wallace,  
Club Correspondent**



**SCOTTISH  
SARCASM**

**AYE RIGHT  
I don't believe you**

**AYE CHEERS  
Thanks for nothing**

**AYE SO HE WILL  
I doubt he will complete that task**

**AYE , AYE OKAY  
I'll do it but I'm not happy**





**Kirriemuir Food Hub**

**Kirriemuir** members kindly donated food-stuffs and toiletries as an act of service to the local community to celebrate Inner Wheel Day. These were given to the Kirriemuir Food Hub. Pic— President Isobel Keillor (far right) and IPP Evelyn Thomson delivered 10 bags of items to helpers Elaine Findlay and Helen Taylor.



**Forfar** members donated gifts of sweets and biscuits to Whitehills Hospital - some for the patients and also some for the staff. Pic - President Kate McFarlane (right) hands over the gifts to a member of the nursing staff. Also present are Secretary Susan Oliphant and Entertainment & Welfare Convenor, Mary White.



**Laurencekirk & District** held their normal January club meeting on Inner Wheel Day, but instead of venturing out on a cold, dark, windy and very wet evening - the meeting was held on Zoom. An acceptable alternative given the wintry weather conditions. Their speaker was Lynne MacNicol from the Charity 'Its Good 2 Give' based in Edinburgh, for the support of young Cancer patients and their parents.



To celebrate Inner Wheel Day members of the **Dunfermline** club met for coffee at the home of their Pres. Margaret Steedman, sharing a morning of fun and IW friendship.

**Pitlochry** members meet for a Soup & Sandwich lunch to celebrate Inner Wheel Day. Members brought donations for the local foodbank which we sorted and then re-bagged. (pics right)

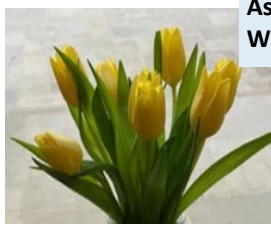


**Aberdeen St Fittick** collected items for Instant Neighbour



**BROKE NOT BROKEN**

**Kinross & District** members held a soup and sandwich lunch in a member's home. The photos show some members at the table and also the boxes of goods donated which will be delivered to the local food bank Broke not Broken later this week. A great way to start the year!



As in previous years., **Ellon** members placed flowers in Inner Wheel colours in their windows at home. Pics—left.



Members of **Perth** Inner Wheel met at President Helen's home. Before a delicious soup, sandwich and cake lunch, they stitched together a mountain of knitted squares and snipped a huge pile of postage stamps. There was lots of chat and laughter. It was good to gather round the fire as the weather outside was simply awful.



**Banff : President - Teresa Ruparelia.**

**17 members**

This year got off to a wonderful start with an inspiring visit from District Chair Doris. As well as Inner Wheel information she talked about her memories of Queen Elizabeth including invitations to Buckingham Palace and the Gillies Ball at Balmoral. In October, we learned about the Vinery in Banff. This is a community centre for the local population providing opportunities to take part in health and well being activities. Some of the old buildings in the walled garden that belonged to Duff House have been modernised to accommodate this venture. Among many activities the charity offers help with building confidence, managing money, employment, housing for young people and well being issues.

Our speaker for November had to cancel at the last minute but thankfully James Millar, our secretary Joyce's husband, stepped in and gave us an interesting and informative talk about the history and manufacture of champagne. We were especially grateful to him because it was our birthday supper and we had visitors from Aberdeen.

We had a very enjoyable festive meeting. Our meal was followed by a demonstration from Susan Rayne on making a Christmas wreath and a table decoration. Susan kindly allowed us to raffle the items she had made.



*Good turn out for our Christmas Meeting*



*Lucky raffle winners!*

*Left : President Teresa & Mabel Wheatley — previous member of Elgin— cut the birthday cake.*



*Anne Stirling. Club Correspondent.*

**A friend is one who overlooks your broken fence  
And admires the flowers in your garden**



**Keep Calm & Dinnae Be  
a Nippy Sweetie !!!**



**Wrinkles are hereditary.  
Parents get them from their children!**



**Aberfeldy & District - President Christine Munro**

**17 members**

July brought a welcome Summer break , but with our new Club President Christine Munro dealing with rotas for Aberfeldy Agricultural show, on August 12<sup>th</sup>/13<sup>th</sup> and the Festival of Sport on 20<sup>th</sup>/ 21<sup>st</sup> August . She was very busy. The Club and Rotary share gate duties at the Show. It was the first after Covid, and the weather was good - so the entry gate was very busy. The ladies had to break the news, to a group of dancers who arrived, that actually they were at the wrong Show!!!! Aberfoyle????

The Sports Festival on Saturday means registering triathletes, handing out information packs and tee shirts pre -Sunday's race. We are getting very skilled at eying up competitors for the correct tee shirt size. Of course we take it very seriously!

On August 17th we had our book night, hosted by Christine. There was good food, a book exchange - all in all a lovely social evening. The club has a monthly book club, with great discussions on the book choice, which always leads on to wider topics.

We have now moved to new premises, The Black Watch Inn and have enjoyed talks on garden restoration, "Warm Connections" and a visit from our District Chair. Once again we had the thrift shop for a week with Rotary and shared a most enjoyable afternoon together at our joint Christmas Lunch.

*Yvonne Smith, Club Correspondent*



**Aberfeldy & Christine**

**Nairn : President - Dorothy Pearson**

**27 members**

Our September meeting started off on a high when we welcomed a special guest - Doris Campbell, our District Chairman and we had an enjoyable evening with her.

Breaking a record, however small, is normally to be celebrated and we were delighted to do so with our contribution to Blythswood Care's Shoe Box Appeal, a cause we have supported for many years. Elma Mackay from Blythswood addressed us and received twenty boxes filled with gifts destined for deserving people in Eastern Europe including Ukraine. To our amazement the final total was thirty-three, a record for our club!

The Christmas theme continued when Fiona McInnes, one of our members who is a florist, demonstrated Christmas floral art and inspired us to have a go. She made four different, very attractive decorations three of which were awarded to members as raffle prizes. As well as our excellent day out to Plockton, our walks have continued throughout the year - very important for promoting friendship in relaxed situations as is our thriving book group. Whatever we do, we always finish up with coffee, cake and lots of chat!

**Sheila Brodie, Club Correspondent**

**Christmas flowers**



**Evening walk**



**Blythswood**



**Committee with DC Doris.**



**Day out at Plockton**



**Walk at Brodie Castle**

**Kinross & District : President - Fiona Mapp**

**19 members**

After celebrating our 40th Anniversary in June, Kinross and District held a garden afternoon tea party in July, before beginning our new season with a talk from Jo Middlemiss, Kinross Rotary President. Jo gave us an update on her charity in Ethiopia and the Club donated socks and underwear to help with its work. In October we had a visit from District Chair Doris Campbell and Past District Chair Mary Leslie. Doris outlined some of her plans for the coming year, and asked for contributions from members to a booklet she is writing about inspirational events in members' lives. November's speaker, Jenny Noke, gave us a fascinating insight into her work as a speech therapist, mainly for children and in December members enjoyed a Christmas lunch at the Kirklands Hotel, our present venue for meetings. Members are still enjoying the real pleasure of face to face events, and the meal was much appreciated by all. We look forward to increasing our activities in 2023.

The Club is sad to report the loss in December of long-standing member Sandra Findlay.



**This lovely picture was taken at an International Supper help in a members home in October**

**Jenny Macleod, Club Correspondent**

**In Scotland . . . . .**



**You're not just wet  
Ye'r like a drookit rat**

**You're not under the weather . . . . .  
Ye'r a wee bit peely wally**



**You don't get groceries  
Ye head oot fur the messages**

**Ellon : President — rotation of monthly Presidents**

**23 members**

After the long hot summer Ellon IW Club is settling nicely into its winter schedule. Our numbers have stabilised and our meetings have moved into a smaller room which has made our gatherings warmer and more convivial. We are 'rotating' Presidents this year - 2 members each month and at least one of them has already done the job 'for real' at least once.

We had to rearrange our September meeting as it was due to be on the evening of the funeral of her Majesty Queen Elizabeth, so we had to reschedule our speakers at short notice. Fortunately, Betty Hunter from Linus came to our rescue to show us some of the beautiful creations she has made as 'comfort blankets' for youngsters going into hospital.

In November we had a visit from District Chair Doris Campbell who we were honoured to ask to induct our newest member Maureen McDonald. We were also treated to a wee story in Doric from Margaret Currie from the Aberdeen Club. As an incomer to the North East Doric is not my native tongue but I love its cadence and the link to a less sophisticated time. So the evening combined voices from the past with a positive step to the future of Ellon Inner Wheel. A happy Christmas lunch was held at the Cruden Bay Golf Club and earlier in the year members helped out at Rotary's Pedal Car Race.

**Anne Hamilton, Club Correspondent**



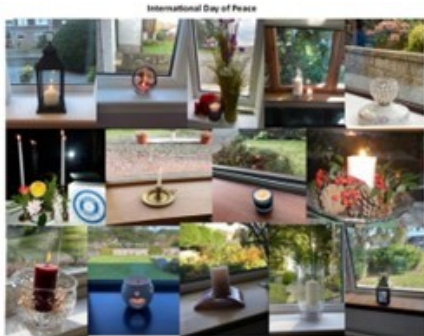
**DC Doris inducts Maureen McDonald**



**Members help out at Rotary's Pedal Car Race**



**DC Doris with monthly President Sheila Fraser**



**Candles for International Day of Peace**



**Flowers for Inner Wheel Day**



**Aberdeen St Fittick : President — rotation of monthly Presidents**

**20 members**

The club of Aberdeen St Fittick has enjoyed some excellent speakers. Our own District Chairman Doris Campbell inspired us with her talk, included some of her personal story and encouraged others to share any incident or episode that had resulted in a change of outlook.

Living not far from the River Dee meant that an enthusiastic talk about that particular river and all the work that is being done to keep the river clean and produce more fish was very close to our hearts.



**DC Doris with Monthly President Rona Thom**

In November we were transported from a dreich Aberdeen to Easter Island where we learned so much about the massive monolithic human figures, or 'moai' that were carved over 500 years ago. Just how were these transported from the quarry? It's a mystery. Unfortunately wintry weather put paid to our last meeting of the year in December as the snowy and slippery conditions made any journey too hazardous.



We were delighted to recruit one new member with the possibility of a second joining us soon. Our arrangement of a President for one month only continues to be successful and we would recommend the system to any club struggling to find a volunteer.

**Welcome Sheila—new Club Correspondent for Aberdeen St Fittick - Ed.**

**In Scotland**



**you don't have a cast ... you've got a stookie**



**you're not acting silly ... yer a total numpty**



**your shopping cart is not faulty ... yer trolly's awfy shoogly**



**CLUB  
PRESIDENTS  
2022—2023**



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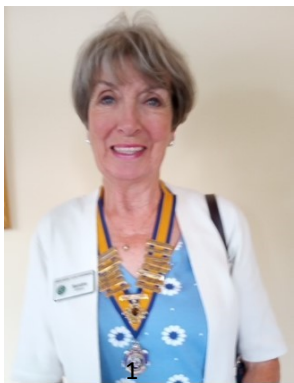
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18



19

**2022—23 Presidents :** 1. Morag Uytman, Pitlochry: 2. Helen Simpson, Perth: 3. Gloria Burns, Dundee: 4. Janet Adie & others, Ellon: 5. Hazel Shepherd, Montrose: 6. Christine Munro., Aberfeldy: 7. Teresa Ruparelia, Banff: 8. Margaret Steedman, Dunfermline: 9. Beth Struthers, Aberdeen: 10. Kate McFarlane, Forfar: 11. Alex John, North Fife: 12. Sandra Clarkson, Inverness: 13. Marjorie Duncan, Stirling: 14. Fiona Mapp, Kinross: 15. Isobel Keillor, Kirriemuir: 16. Rona Thom and others, Aberdeen St Fittick: 17. Dorothy Pearson, Nairn: 18. Marion Robson, Laurencekirk: 19. Aileen Mackie, Auchterarder.

**Fiona Sutherland**

**District Chairman 2007 –2008**



It was with very great sadness that we heard, in December, of the death of **Past District Chairman, Fiona Sutherland**, of the Dundee Club. Fiona along with a few others had transferred to the Dundee Club when St Andrews disbanded. Of course Fiona was a Past President of St Andrews and had served her club and District 1 in many posts. She had been unable to attend meetings for some time. We pass on our sincere condolences to her husband, Bill, her family, to all the members of Dundee Inner Wheel and to her many friends in District 1 and beyond.

**Effie Butchart**

**District Chairman 1976 –1977**



It was also with great sadness that we heard, later in December, of the death of **Past District Chairman, Effie Butchart** of the IW Club of Rothes (disbanded) at the age of 99. She retained a keen interest in IW through the Minutes which she still received and dutifully gave her apologies for every meeting with the help of her daughter Anne. We send sincere condolences to her family and to all members who remember her. Her daughter thanks members for their expressions of sympathy, for your condolence cards and flowers and also extends sincere thanks to those, who attended the funeral service, which was much appreciated.

**Dunfermline : President - Margaret Steedman**

**32 members**

Traditionally we have the President of our Rotary speaking to us at our September meeting. This year's President is a local lawyer who gave us a fun talk sharing many amusing personal stories. We were not so sure his wife was as amused, while sitting listening to him!!!



We have been supporting Circle of Comfort - a locally run charity which gives free palliative care to cancer sufferers and other life threatening conditions — all funds needed are by donations or fund raising. Some of our members dressed in Santa outfits and took part in the Santa dash down the High Street before the switching on of the Christmas lights. Well done girls! The dash is organised annually by Dunfermline Rotary. A Christmas Cheer evening of fun was held at President Margaret's house —mulled wine, Christmas fare, games, quizzes, carols and of course a visit from Santa .

We collected lots of toys for the Salvation Army's Christmas appeal - always so good to see the volume and variety we manage to collect and have knitted an amazing number of small Christmas puddings and elf hats for the Maggie's' Christmas Fayre. We have been asked by J.J Chalmers to provide coat hangers for a local community project started by Gordon Brown triggered when it was reported Amazon was putting goods into landfill. It is now an amazing Fife undertaking supported by many local businesses providing essentials to needy families

*Pics top: Santa Dash; Christmas Cheer; Below : DC Doris inducts new member, Anne Garmony; toys collected for Salvation Army .*

**Jennifer Grieve, Club Correspondent**



**Strong Women— May we know them, May we be them. May we raise them**



During the summer break we have held coffee mornings in members houses regularly which is always very enjoyable and we were delighted to hear that 2 members welcomed babies into their families in the autumn — one as a first time grandmother and another as a great grandmother. We have also heard from Mary Hopkins, a past member of our Club, who has now moved to Australia, and is member of Bayford Inner Wheel in Melbourne.

Our meetings continue at Kirriemuir Golf Club and in August we heard from Anne Bell about the facilities available at the Maggie Centre in Dundee and all the good work carried out there. Anne encouraged us to visit the centre and thanked us for the generous donation we made from the afternoon teas our members held during the summer. In September, Phillip Ross, Rotary Club President of Kirriemuir gave us a very interesting talk about himself and the fascinating computing work he does with Cambridge University and curling coaching. This was followed by an update from Graham Galloway, of Kirriemuir Connections. It has gone from strength to strength necessitating a move to larger premises. It is a wonderful asset to Kirriemuir as a meeting centre for the community and support for carers and families. The Kirriemuir centre was the 1st of its kind and others have opened up in neighbouring towns due its success.



**DC Doris & Barbara Leiper**

Doris Campbell, Chairman of District 1 joined us in November and we were delighted with her talk. She is supporting SCAA as her District charity and she told us how an accident when she was younger made her change careers. Anyone can have an accident and the SCAA does such brilliant work especially out and about in the remote areas of our country. Doris presented Barbara Leiper with her new members badge. Our Christmas Lunch at local restaurant Armstrong's was a very happy occasion, with most members in attendance.

**Sandra Boath, Club Correspondent**



**DC Doris with President, Isobel Keillor**



**Christmas lunch**

The first few months of the Inner Wheel year have been greatly enjoyed by the club as all members are back in person at the meetings. It has been so good having all members back together and enjoying each other's company. We have been lucky to have had very interesting speakers at all our meetings, covering a wide selection of subjects from reflections on the pandemic to the history of the King James. Our last speaker was Lesley Riddoch, the journalist, who spoke about her latest book. In November we were very pleased to have Doris Campbell visit the club during which she was able to participate in the induction of our new member Fiona McLellan and individual members were all able to chat with her, which made for an extremely pleasant evening.

Our last event of the year was helping with the teas and coffees at the North Fife Rotary Christmas Fair. It's always a very sociable but busy day. By the end of the day the members are feeling quite festive. This year the club had a table at the fair, manned by Kay Simpson and Alison Stewart. They were selling Christmas and greeting cards made Kay and fingerless gloves knitted by Alison. It was very successful for them, as they raised a significant amount of money for one of Inner

Wheel's charities, and allowed us to raise the profile of Inner Wheel in the local community.

**Janette Tait: Club Correspondent**



**President Alex John, Fiona McLellan & DC Doris Campbell**



**Kay & Alison at their stall**



**Café 2022**

**Pitlochry : President - Morag Uytman**

**19 Members**

The second half of 2022 saw us settling into a new home for our monthly meetings, Pitlochry Hydro Hotel, where we held three varied meetings. In addition to hearing from District Chair Doris Campbell we also learnt more about 16 Days of Activism and had fun solving puzzles in an Escape Room in a Box.

Members also came together outside meetings. In addition to our regular coffee mornings, scrabble evenings and book group, we came together to make hearts and birds of peace for our contribution to Pitlochry's Annual Christmas Tree Festival. It was very much a collective effort and members enjoyed working together and learning new skills. We were delighted to come joint third.



*President Morag with DC Doris*

We also ran a stall at the fair with proceeds being shared between Mary's Meals and the Local Food-bank. This followed on from an earlier tabletop sale in the Town Hall

*Sandra Cairncross, Club Correspondent*



*Our tree in the Festival*



*Fun work parties*



*Betty Stark & Morag Uytman at the craft stall*

*Well done Sandra for all work on Pitlochry's own Facebook page! Ed.*

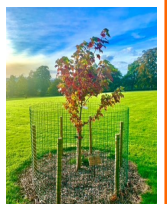
**Perth : President - Helen Simpson**

**26 members**

Once again had some wonderful summer coffee mornings in members' gardens during the break. We were blessed with sunny days with much laughter. In September we began our meetings and heard about a tragic Perth priest and martyr. Perth Inner Wheelers are no longer found taking a shortcut through any dark pends in town. At last we were able to enjoy the talk given by The Very Reverend James Simpson. His entertaining talk on "The Scottish Character" was thoroughly enjoyed after being postponed several times. We also enjoyed the visit from Doris in November.

Our Jubilee tree, planted earlier in the year showed great promise in October.

December brought traditional Christmas Lunch at The Royal George. A fiendishly difficult quiz, some impossible dingbats and Kim's Game added to a splendid afternoon. The Coffee Club (a monthly lottery really – no coffee involved!) continues to raise funds and will continue in the New Year.



*Diane Holme, Club Correspondent*



*Left—President Helen, new member Norah and DC Doris.*



*Centre & right—Christmas lunch*

**More Scottish meanings!**



**TELT!**  
*You have lost the argument*



**BOLT!**  
*Go away immediately*



**WHEESHT!**  
*Be Quiet!*



**Auchterarder & District : President Aileen Mackie**

**31 members**

The last few months have been a sad time for our club. We have mourned the passing of two of our most long-standing and hard-working members. Firstly we lost Moira Bennett, a stalwart supporter of many good causes, she filled countless backpacks for Mary's Meals and shoeboxes for Blythswood as well as knitting hundreds of angels, stars, teddies etc. Our Ex-President Issy composed a very fitting tribute to Moira which was read at her Memorial service. Then just a few weeks later we lost Judy Pirie – the member behind our annual Christmas tree festival and a green-fingered contributor to Auchterarder in Bloom. The families of both these ladies very much appreciated the support that Inner Wheel members were able to provide at this difficult time. On a positive note we are happy to announce that we have recently recruited four new members. **Christine Grant, Club Correspondent**



*In September DC Doris inducted four new members to the club. From the left – Mary Brown, Jan Duckworth, DC Doris, Laura May & Patsy Nicholls.*



*Seated Yoga proved to be a hit with members*

*Keep Fit – Auchterarder Style!*



**Inverness : President - Sandra Clarkson**

**56 members**

Our Club has been involved in a joint venture with the 4 Inverness Rotary Clubs in supplying for Ukraine. Members knitted blankets, both knee and full size, and also collected teddies, duvets, sleeping bags and toiletries for this appeal. Our contact through Inverness Culloden Rotary, Derek MacRae, has a contact for transport to Izium, a town in dire need of supplies. The photo right is of President Sandra Clarkson, Past President Alice Cliff and ISO Jennifer Brown and a Rotarian from each Inverness Club delivering the goods for transportation.

We have also undertaken the first of our bi-annual walks. This was to support our DC's charity SCAA. We walked a scenic route along the River Ness stopping at the new Archimedes Screw (generating electricity from the power of the River Ness) which helps to power the local leisure centre. Then we walked round a new park created from a former golf course, finished off with coffee and scones at the local botanical garden.

Our members continue to be very industrious, knitting, quilting and sewing for local and overseas charities and fund raising by having craft stalls whenever possible.



*Left : President Sandra with all the knitted goods created by Inner Wheel members.*



*Walk to the new Archimedes Screw, River Ness*



*Hilary Noble Club Correspondent*



**Are ye dancing?**



**Are ye askin'?**



**Am askin**



**Then am dancing!**



Since commencing in September, we have been very busy. In August President Hazel invited us to her tea party. In September we had a trip to the Maritime Museum in Gourdon. We had a visit from District Chairman, Doris Campbell in October during which we heard of her charity, Scottish Charity Air Ambulance (SCAA). President Hazel presented a cheque to Montrose Stroke Club. We raised it crafting goods to sell at a craft fair. Two members took knitting bags containing wool and pins to knit blankets and dolls' clothes to our local home Dorward House so interested residents could knit for a local nursery. We enjoyed a lovely visit to Drum Garden Centre in Aberdeenshire, where we had afternoon tea and started our Christmas shopping. We



Left — President Hazel & DC Doris

Sandra Johnstone, Club Correspondent



Who remembers .....



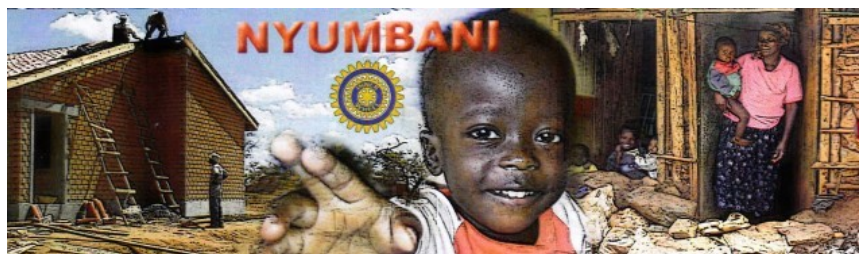
One of the pleasures of Inner Wheel is meeting up with friends old and new. Last week I had the pleasure of meeting up with Susan Coull of the Montrose club and her husband Jim. We reminisced about old times, me teaching at Montrose Academy and their involvement in so many charities and local projects over the years. One shared memory was of the Scarecrow Festival they started in Hillside and which my pupils at the time had great fun with, creating straw sculptures of Braveheart, The Mermaid of Montrose and Bamse—Montrose's war time hero dog. Happy days! However, this was not the purpose of my visit. I wanted their recollections of Nyumbani—the huge project which both Rotary and Inner Wheel were involved in from 2005.



Jim & Susan Coull pictured at home

Susan recalls that she first heard about Nyumbani (which means "home" in Swahili) from Rotarian friend Alison Stedman who had visited Kenya with a Rotary working party. In 2005 the Montrose club decided to support the orphanage in Nairobi which was home to around 100 children orphaned by AIDS and who are themselves HIV positive. The orphanage had been started in 1993 by a Jesuit priest and doctor, Father D'Agostino who had 3 children abandoned outside his door. At that time the AIDS/HIV epidemic was a national emergency in Kenya with a reported 1000 deaths daily. People were dying and families were being decimated. At first the aim was to give end of life palliative care—however with the advances in a vaccines and an influx of funds, the children survived and flourished. Today, as well as the orphanage in Nairobi which stretches over 2 acres, they have set up an extensive outreach programme operating from 6 clinics in slum areas of Nairobi; a state of the art clinic & diagnostic lab has been built in the grounds of the orphanage; and a village has been built in Kitui, a three hour drive from Nairobi - the first sustainable and planned response to the HIV/AIDS catastrophe. It occupies over 1,000 acres and caters for up to 1,000 children and 100 "grandparents" displaced by the Kenya AIDS epidemic. Living in small cottage units, the village provides a home for the most vulnerable, allowing them to heal, grow, be educated and self-reliant. It is an Eco village and includes organic farming, waterless toilet systems, irrigation from wells and sand dams and solar power. **Together these facilities now serve 4000 children every year.** An amazing achievement from very small beginnings.

In 2006 the Montrose Inner Wheel donated money to fund essential medical equipment and furnishing for the Leo Toto clinics. This was hand carried out to Nairobi by Susan and Alison and spent locally on supplies. This was part of a huge



local programme of fundraising so successful that £24,000 was taken out on that first trip!!!! News of the project spread throughout our District. In March 2006 Susan spoke to Jessie Stuart, then District Overseas Organiser to see if she could speak to the club overseas officers at the next Assembly, and this was agreed. *Cont.*

Having done this, she was delighted to hear that Jessie would back this project as her Overseas Project over the next 2 years. All sorts of events were organised, including a Ladies Dinner and Charity Auction in Montrose. Susan and Alison embarked on an extensive programme of speaking to clubs and getting the information to our members and the clubs response was amazing, eagerly raising funds for the project. The end result being that £8000 was raised, enough to fund the building of a house in Nyumbani Village. This was named The Wheelhouse. (Rotary funded 4 more). At our District Overseas Rally in



**District Overseas Rally—2007 - from left— Susan Coull, Prof. Charles Butler, Ass. Overseas Service Chairman, Pam McConnell, Jessie Stuart & D C Fiona Sutherland**



**Susan presents the plaque for the Wheelhouse**

2007, held in the Dewars Centre in Perth, Prof. Charles Butler, a Reading Rotarian, gave a presentation on the growth of the Nyumbani village and what had been achieved to date .

In all Susan has been out on work parties to Nyumbani twice, as has Jim —but never together. From speaking with them it holds a very special place in their hearts. They still sponsor a pupil and receive lovely letters and drawing from her. Jim recalls his trips as quite strenuous affairs - building huts and cooking shelters for the “grandmothers” who look after the children and partitioning off large rooms for use in the clinic. No easy task in the Kitui heat, living in huts with no electricity or running water. Painting was another job while others tended the eco crops, worked in the clinics, organised the gift shop or distributed school uniforms and toiletries in the slums. All came home tired but happy to have been of service. District 1 also later raised enough money to sponsor the further education of 2 senior boys from the orphanage, Edwin and Bernard. Edwin is now married with 2 children and successfully employed. Bernard is working in Nyumbani garden while continuing his studies .

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**Susan at work in the clinic**



**Edwin & Bernard**

The work continues. CORGI-Nyumbani (Scotland) Trust—a registered charity, was set up to further this work with Alison and Susan some of its first trustees. It is still in existence today. Young people here in Scotland became involved with Nyumbani. Primary schools collecting books to send out to the village or fundraising for dictionaries. One school held a Nyumbani day, with pupils dressing up in African costume. Older children also became involved. In 2014 Alison took a team of teenagers from the Interact Club of Inverkeithing assisted by teacher Frances Wilson from Montrose Academy. Frances has returned with pupils from Montrose Academy several times and the school is now twinned with Lawson High School in Nyumbani village. Each of the school’s 4 houses sponsors a pupil, fundraising for their uniform, school books and the cost of their education. Huge collections have been made of football boots, scarves & strips, bras, text books, fish & chip jumpers and blankets. Pupils have gone on work parties to Kenya eagerly getting stuck in to painting, planting trees, harvesting sunflower seeds and pressing seeds to make oil, milking cows, doing repairs, digging ditches & outdoor fire pits, organising sports events etc.

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**Montrose Academy staff & pupils in Nyumbani**

I have only been able to share a small portion of the ongoing work and the story of Nyumbani. For those who were in Inner Wheel in the early days I hope you have enjoyed re-visiting and to newer members I hope it gives a glimpse into this exciting and ongoing overseas project. For more information, please refer to [www.nyumbani.org](http://www.nyumbani.org) My thanks to Susan & Jim for sharing so many of their memories and allowing me to see their many mementos—some seen on the left. I shall share more pictures on the web site— [www.innerwheel.co.uk/district-1/](http://www.innerwheel.co.uk/district-1/)



And finally . . . . .

**Diary Dates**

**Saturday 11<sup>th</sup> March : District Meeting :** Altens Hotel, Aberdeen

**27<sup>th</sup> – 29<sup>th</sup> March : Association Conference : Blackpool**  
(District Dinner : Monday 27<sup>th</sup> & Link Lunch with D10 on Tuesday 28<sup>th</sup> )

**Friday 26<sup>th</sup> May : District Rally :** Marcliffe Hotel, Aberdeen

**Wednesday 14 June : District AGM :** Zoom - - time tbc

*District Executive meetings are now also following this blended model*



**Membership Changes**



Our total membership currently stands at **524**. Sadly there have been **4** deaths in the last few months. We are delighted to welcome **15** new members



A fine drying day in Laurencekirk! Our lovely sashes, right, blowing in the wind! District Secretary Gladys made use of good weather to freshen these up after our District Meeting in Perth - and here you were thinking that the job of District Secretary involved minute, correspondence and emails! **Thanks Gladys!**

A reminder . . . . .

So how many of you have started to cross stitch or knit bees for the 2024 Convention???! Or looked out some postcards to write to visiting attendees??? These fantastic bees have been knitted and embroidered by Jennifer Grieve of the Dunfermline Club and I share them here as an inspiration and reminder to us all to get stitching!!!! **Way to go — Jennifer! They look fantastic! Well done!!**



Remember to keep checking out our District & Club pages at — [www.innerwheel.co.uk/district-1/](http://www.innerwheel.co.uk/district-1/) or join our Facebook group at— [www.facebook.com/goups/2567908903455465](https://www.facebook.com/goups/2567908903455465)



This banner has been received in the post from Chandrika Banergie of the Inner Wheel Club of Calcutta West. Many of you will remember her visiting us at our District Meeting in August in Perth .



**The Inner Wheel Rose**

This beautiful specimen has been nurtured and grown by Mary Keith of the Aberdeen Club in her garden. Stunning! **Well done, Mary!**

You may have noticed a particularly Scottish twist to the jokes and saying in this Edition. These have been reproduced by kind permission of "Being Scottish" which can be followed Facebook at — [www.Facebook.com/Being Scottish/](https://www.Facebook.com/Being Scottish/)

**Editor's Remarks :** Another full magazine reflecting just how busy and committed our clubs are. Well done to all the Club Correspondents who reply so speedily to my requests for information. They are the backbone of all our publications. Special thanks to my 4 proof readers—who luckily spot my many mistakes — and to Jim & Susan Coull for sharing their memories of Nyumbani. The deadline for next News@1 is 31st May — but I would hope to send out a small E mag before that. I look forward to meeting up with many of you at our District Meeting in Aberdeen. **Jean x**



Tartan is like whisky, there's no such thing as a bad one, just some are better than others

Being Scottish