



InnerWheel

ASSOCIATION OF INNER WHEEL CLUBS IN GREAT BRITAIN & IRELAND

Summer 2022

D21



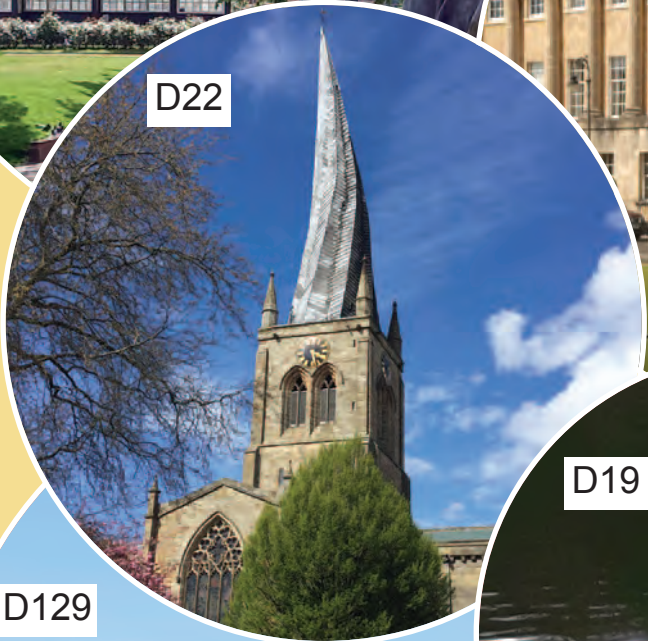
D1



D20



D22



D4



D19



D127



D129



WWW.INNERWHEEL.CO.UK

As you can imagine I am absolutely delighted for GB&I, my club of Montrose and District 1. It will be absolutely amazing to be the International Inner Wheel President in 2024 our Centenary year which will be held in Manchester.

A little back ground to how and when Inner Wheel was formed.

On 15th November 1923 a meeting for the wives of Manchester Rotarians, was called by Mrs EO Walker and held at Herriot's Turkish Baths (where she had been able to get the room for free!)

At this meeting the 27 ladies attending agreed to form a ladies Club and a temporary committee was elected, with Margarette Golding as Chairman.

On January 10th 1924 the second meeting took place, with Margarette in the chair and after much discussion the rules of the club, including the decision that it would be limited to the wives and womenfolk of Manchester Rotarians and would be called Inner Wheel. Officers were elected with Margarette Golding as President and Mrs W A Nixon, as Secretary and Treasurer.

What a debt of gratitude we owe Margarette Golding and those first forward thinking ladies who gave us firm foundations on which to build our wonderful organisation They will be remembered by all at our Convention in Manchester in 2024.

Kind regards to you all, Trish x



D9 CELEBRATIONS



dates for your diary

**Blackpool Conference,
March 27-29 2023**

**World Inner Wheel Day,
Jan 10th 2023**

**2024 IIW Convention,
Manchester**



Zena Coles
Board Director IIW

I hope you enjoy reading and seeing the news in this Summer Magazine. Thank you to all members for sending in your news.

Keep it coming into:
williams1621@hotmail.co.uk
As always permission has been granted for all photos in this magazine.

Angela



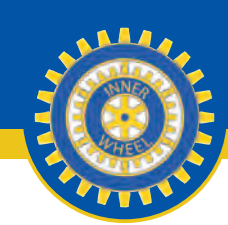
Update from Ukraine Campaign

Thank you to all who have supported the Inner Wheel Campaign for Ukraine through Robin Charter.

Phyllis and her husband Paul were able to go over to Poland to meet up with their son Robin after 3 years. To see the truck along with the warehouse where all the goods that are kindly donated are being received and shipped from was truly amazing. Robin is no longer using a truck with the Red Cross on as on two previous visits transporting goods it has been bombed.

A dangerous environment but goods are still being taken.





Virtual Conference



Service of Friendship –

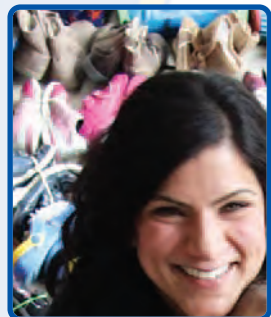
Val Pascoe Inner Wheel Club of St Austell, D129

Val was pleased that over zoom we were able to gather and celebrate together. The last two years had been different for us all, challenging and desperate at times. She recalled the programme, Challenge Annika, we have all had to face challenges and change over the last two years. Val went on to say we can embrace the past and the present, we can embrace the challenges we need to make, and look forward to the future

even though it may not be easy.

Every member however young, however old, can live up to the aims of Inner Wheel and work together for the good of our organisation.

You cannot change the past but you can ruin the present by worrying over the future, but you can be the change that you want to see. Be the kind of woman that when your feet hit the floor in the morning the devil says “O damn it she’s up”.



Speaker - CJ Bowry founder of SALSSHOES

The charity was set up eight years ago after CJ had contacted several charities with the idea that her son’s outgrown but not outworn shoes could be further used. When asked where the shoes would go she was told, Asia, Africa and South America, but CJ wanted to know precisely where. She decided to cut out the middle man and sent her bag of shoes to a friend working in a hospital in Zambia who agreed to distribute the shoes.

A short time later she received a video from Anna showing images of the feet of the new owners. Seeing the pictures made CJ feel good and wanting to do more. She posted a picture on social media, a picture of a child wearing her sons first shoes, within 24 hours she received 50 replies with the offer of more shoes. From small beginnings the charity grew.

Approximately 2 million pairs of shoes have been distributed in 56 countries.

The only ask for when donating footwear, (not high heels), is £1.00 per pair, this helps toward transportation.



Light Entertainment by Ladybirds Choir

many of us may have been tapping our toes or even singing along from the comfort of our home.



Greetings from International Inner Wheel President Ebe

President Ebe greeted everyone especially President Betty, remembering they both attended the virtual meeting by District 18 on World Inner Wheel Day on 10th January this year.

She congratulated Association Editor Angela on the production of her Winter 2021 Association Magazine highlighting several articles, in particular the member who abseiled down a church tower to raise funds to refurbish a building to be used for community events. Also the 90th Anniversary of the Inner Wheel Club of Newport which was inaugurated by our founder

Margarette Golding in 1931.

She was pleased to learn of the projects undertaken by Clubs in so many countries around the world. Especially the support given recently to the people of Ukraine.

She then reminded us all of her theme for this Inner Wheel year. “PINK FIRST”.

Women’s Health, Education, Opportunity, Empowerment and Stronger Women, Stronger World.



Juliet Bouverie Chief Exec Stroke Association

Juliet Bouverie Chief Exec of The Stoke Association spoke on What is a Stroke, Scale and impact of a stroke, Impact of Covid-19, Stroke Association and what they do and the Partnership with Inner Wheel. We learnt of the physical effects, communication problems, emotional changes, changes in behaviour and memory and thinking. We saw videos of how people who have suffered a stroke are now able to rebuild their lives after a stroke with the support of the Stroke Association. To widen the knowledge of what this

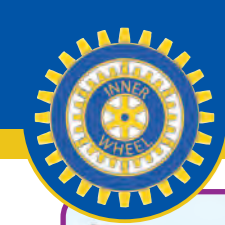
organisation does they are now looking to partner with local communities to make more people aware of what can be achieved by making sure everyone has access to rehabilitation and life long support.

THE PLASTICS WARRIOR

Emily Stevenson has been picking up plastics from beaches in Cornwall for over half her life. Living by the sea, Emily was witnessing first-hand the destruction happening on the beaches, in the seas and to marine life. As a marine biologist she developed an interest in the damage caused by plastic. Beach cleaning is more than just a litter pick. It brings people together resulting in social and environmental benefits.

PepsiCo is a major source of plastic waste. Some crisp packets dating from 1966 have been found on beaches. To get PepsiCo’s attention Emily made a dress out of crisp packets for her graduation. They promised to sort the problem by 2025 which Emily said wasn’t soon enough. This resulted in Walkers setting up their own scheme and have since recycled 45 million crisp packets.





RIDING FOR THE DISABLED Randip Thompson

Riding for the Disabled works with schools, parents and children ensuring that education and health plans are co-produced and geared to achieving successful outcomes in lifelong learning and education skills. The holiday programme leads to lifelong friendships, improved confidence and self-esteem, gives a sense of belonging. It also means carers receive some respite care.

Randip spoke about Lily who was born with severe problems and her parents were told that it was doubtful that she would ever do what others



her age could do. Through RDA, against all the odds, by the age of five Lily could walk and attend mainstream school.

A new programme is being developed for people with dementia. "Tea With A Pony" is already showing positive benefits such as lower stress and anxiety levels and higher levels of communication.

The end goal is to "Enrich lives and change futures".



KATHARINE DOBSON. IW HISTORIAN

Katharine, from the Porthmadog Club D18, is putting together a collaborative history of Inner Wheel

since 2000. Prior to the International Convention 2000, in Stockholm, membership of Inner Wheel was restricted to women with Rotary connections.

At the Convention membership was opened to female relatives of Inner Wheel members and of Rotarians and our Honorary members could become full members.

Though many members resisted any change gradually membership opened up even more so any female can join. At the 2021 Convention the link with Rotary was finally abolished.

Katharine believes that our founder, Margarette Golding, would approve and embrace the change and welcome all women into Inner Wheel.

She would like all clubs to let her know if your club resisted or embraced the changes.

WELLBEING IN THE WEALD - Sue Ireland

Sue gave us a short insight into what the charity does and it aims. These are to organise new and promote existing wellbeing activities in the Weald; including opportunities to be more active, to volunteer, learn something new, meet other people to feel more connected and just get out and about and have a bit of friendly social interaction.

Some of these ideas are market gardens, cookery classes, men in sheds, sewing, walking clubs, and picking fruits from the orchards to make juices and sell.

The charity sees the need to bringing the community together in a fun and social way to highlight the importance of connecting – a key element in wellbeing. Having people to turn to can enable us all to cope better when life gets tough or when our health suffers.



STROKE ASSOCIATION APHASIA CHOIR



Aphasia is when a person has difficulty with their language or speech. It is usually caused by damage to the left side of the brain, for example, after a stroke.

The Stroke Association started the Aphasia choirs. We saw and heard members from the Welsh choir who say that singing has improved their confidence and reduced social isolation. One member, who was a teacher, said that she lost all confidence following a stroke and the choir has helped her to get it back. Another said that they have a sense of family within the choir. Paula said that she always enjoyed whistling but lost the ability following her stroke. With help from Alli, who directs the choir, she has learnt how to whistle again!



Hello Ladies,

I am delighted to announce my International Service Project for 2022/24. Having spent my career in education I realise the importance of attending school and having the resources to learn. Reading is crucial for this and so I want us all to support a charity that enables students to access a variety of books and to have learning mentors to support them. That is why I have chosen The Book Bus.

My hope is that with your help we can raise sufficient funds to buy an additional "Bus" to join the fleet of six Book Buses. As well as buying the bus, we need to pay for it to have the Quentin Blake artwork on the bus along with "Donated by Inner Wheel in GB&I" with an IW logo. Additionally, I hope we can provide funds to run the bus for a year including the costs of the driver and the Book Bus mentor team. The project is to run for two years and will be our International Centenary Project.

Packed with books and featuring eye-catching and inspiring artwork by renowned illustrator Sir Quentin Blake, the Book Buses capture the imagination of children, parents and teachers alike. They provide a happy, stimulating and safe environment where children can discover the joy of reading for the first time, and which many schools and communities are themselves simply unable to provide.

At the Association Assembly CEO David Gordon gave the District International Service Chairmen a presentation about The Book Bus. They will pass on all the information and ideas that were generated to you at your District Assemblies. Donations are to be sent to a dedicated Inner Wheel account at The Book Bus so that we can keep a running total and keep you up to date with progress.

My fervent hope is that we can engage with our communities to promote The Book Bus in schools and to other children's organisations in our localities. In this way we can encourage them to support The Book Bus to further their work as well as raising the profile of Inner Wheel.

Further information can be found at <https://thebookbus.org> and on the Association website.



Pam Boyes



Inner Wheel Rallies



Annual General

Meeting Reports

All members of the Association Executive expressed a desire to thank not only their fellow executives and committee members but the whole of the Inner Wheel family as they would be unable to carry out their roles without this unstinting support. They also wish to offer their sincere thanks and gratitude to Melanie and Alicia who rise to all the challenges that are put their way with good grace and efficiency.



Association Treasurer's Report – Heather Sheerin

Heather emphasised the importance and values of team work and friendship at all levels of our organisation which makes us very strong. She was impressed by the way several changes have been taken on board. Heather also emphasised her disappointment that the capitation fees for 2022-23 had to be increased to £22 due to falling membership. However the conference fares pool and fee will not be charged in 2023-24 as it is the IIW Convention year hosted by GB&I. Finally Heather was grateful to have the opportunity to serve as Treasurer another year. Alone we can do so little, together we can do so much.

Constitution Report – Elizabeth Swinton

Elizabeth began by reporting that this would be her last report having stayed in post for an extra year like many Executive members. She had encouraged members to employ some innovative interpretations of the rules which became a necessity with the advent of coronavirus. Many questions were asked and answered about how to hold meetings and the extension of office. Zoom became the go to way of holding meetings although not all members were comfortable embracing it. As we are part of an international organisation we must consult IIW regarding changes to the rules. The IIW latest handbook was published in 2021 and our new constitution handbook will be ready for the next Inner Wheel year with fewer copies being distributed.



Editor's Report – Angela Williams

Angela began by saying how much she has enjoyed her first year as Editor and that she plans to keep the same format for the coming year. Angela is impressed by how members have adapted to the changes required by lockdown as depicted in communications. She was pleased to design a new flyer which is attracting new members. Also a new web-site was necessary and it will be ready for the new Inner Wheel year. Angela was delighted with the home service reports and announced the figure raised by GB&I for the year ending December 2021 was £458,481.77. She offered huge congratulations to all. Angela showed a short video of some fund raising projects undertaken by the Clubs despite covid.



International Service Chairman's Report – Pam Boyce

During her first year Pam has enjoyed seeing "Strong women, Stronger World" in action. Peer group meetings and charity presentations have been held by zoom. Pam had a page in the magazine where the plight of refugees was highlighted in particular Syrian child refugees. During August Inner Wheel ladies helped Afghan refugees with basic items. Then Ukraine was invaded and Inner Wheel rose to the challenge to help financially and practically. The IIW's covid appeal was well supported along with 183 overseas charities. The amazing sum of £154,216 has been raised, a staggering amount given the difficulties encountered.

Membership & Development Report – Anthea Tilsley

My report features the highs and lows of a challenging year. Encouragingly 253 members joined since July 2021 with the overall total of 10,551 members in 464 clubs. Sadly over 40 clubs were lost. The M at L category increased from 10 to 40 with eligibility being clearly laid down. Anthea encouraged us to immediately involve new members in the running of clubs thus training them for future Officers' roles. Using flyers and posters is helpful and gives fresh ideas along with the wide range of M&D documents available. Membership Matters brings news to the whole membership, with positive feedback. Four peer group meetings were held over zoom with useful connections and ideas being exchanged.



Next steps will depend on future priorities promoted by the new committee.

We Have Arrived!

Brighthouse Town and District Inner Wheel Club -

A new club in D4 for GB&I Who like to socialise and have fun and raise money for good causes and help out in the community.



Julia Burrell of Cosham (centre) with friends raising money.

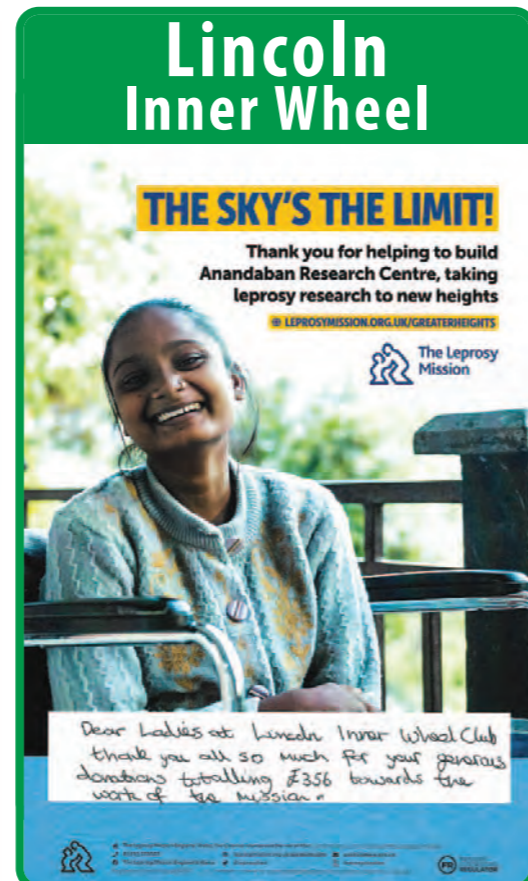


Inner Wheel Club of Lincoln Running for Ukraine Appeal



Saltash Club 60th Birthday

Our senior member Win decided to walk along Tywyn Promenade to gain funds for the people of Ukraine. She has so far raised £1200 which is a great achievement. Most people of 96 are too busy looking after themselves to think about doing something positive for others. Well done Win!



Inner Wheel Memorial Gardens



Rita Sridhar's visit to Dublin

Inner Wheel Club of Bodmin Adopted community flower bed



PDC Dorothy Bowker receiving a Margarete Golding



Auchterader and Districts 40th birthday afternoon tea



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INNER WHEEL CLUB OF DENBY DALE PLATINUM JUBILEE TREE PLANTING



*Hexham & Tynedale
Celebrating
our Clubs
80th Birthday*

INNER WHEEL CLUB OF RAYLEIGH MILL supporting a 10k run



LINK OF FRIENDSHIP

The Inner Wheel Club of Truro Cornwall and the Inner Wheel Club of Figeac en Quercy, France.



Barnstaple, D17



**D10:
90th
Charter
Anniversary**



FRONT COVER PICS...

- D1 A Floodlit Urquhart Castle, Loch Ness.
- D4 Fountains Abbey.
- D19 Swan on River Derwent.
- D20 Royal Crescent, Bath.
- D21 Statue is of Izaak Walton, Victoria Park, Stafford.
- D22 Church of St Mary and All Saints, Chesterfield.
- D127 Conisbrough Castle.
- D129 Dartmoor Ponies.



**Queen's Platinum Jubilee
Award, presented to
Pat Russell for her
services as a community
First Responder.**

Darlington 74th Birthday meeting

*In the picture from
left to right are:*

Lynne Waterfall-Brown
2019-20,

Colleen Ashwin-Kean
2021-22,

Karen Campbell
2020-21.





walks in aid of the stroke association

